

# JANUARY 2008 RIDE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Dec 30</i>	<i>Dec 31</i> • Early Bird Special • Esparto Tailwinds	<sup>1</sup> • Mocha Joe's Country Loop	<sup>2</sup> • Solano Baking Co. • Women's Wednesday Race Team Meeting	<sup>3</sup> • Steady Eddy's • Winters Dinner	<sup>4</sup> • Early Bird Special • Vacaville Rolling Hills	<sup>5</sup> • RH Phillips First Saturday Brunch • Coffee and a Roll
<sup>6</sup>	<sup>7</sup> • Early Bird Special • Esparto Tailwinds Membership Meeting	<sup>8</sup> • Mocha Joe's Country Loop	<sup>9</sup> • Solano Baking Co. • Women's Wednesday	<sup>10</sup> • Steady Eddy's • Winters Dinner	<sup>11</sup> • Early Bird Special • Vacaville Rolling Hills	<sup>12</sup> • Winter Long Distance Ride #3 • Coffee and a Roll
• Show and Go <sup>13</sup> 2008 Tour Planning Meeting	<sup>14</sup> • Early Bird Special • Esparto Tailwinds Board Meeting	<sup>15</sup> • Mocha Joe's Country Loop Newsletter and Ride Schedule Deadlines	<sup>16</sup> • Solano Baking Co. • Women's Wednesday	<sup>17</sup> • Steady Eddy's • Winters Dinner	<sup>18</sup> • Early Bird Special • Vacaville Rolling Hills	<sup>19</sup> • Third Saturday • Coffee and a Roll
• Anyone's Guess <sup>20</sup>	<sup>21</sup> • Early Bird Special • Esparto Tailwinds	<sup>22</sup> • Mocha Joe's Country Loop	<sup>23</sup> • Solano Baking Co. • Women's Wednesday	<sup>24</sup> • Steady Eddy's • Winters Dinner	<sup>25</sup> • Early Bird Special • Vacaville Rolling Hills	<sup>26</sup> • Lake Solano Loop • Coffee and a Roll
<sup>27</sup>	<sup>28</sup> • Early Bird Special • Esparto Tailwinds	<sup>29</sup> • Mocha Joe's Country Loop	<sup>30</sup> • Solano Baking Co. • Women's Wednesday	<sup>31</sup> • Steady Eddy's • Winters Dinner	<i>Feb 1</i> • Early Bird Special • Vacaville Rolling Hills	<i>Feb 2</i> • Coffee and a Roll

## Ride Classifications *(refer to terrain (T) and pace (P) ride notations in ride descriptions)*

Terrain			Pace		
Rating	Terrain	Example	Rating	Pace (mph)	Notes
T1	Flat	Davis to Woodland or Sacramento	P1	10 or less	Relaxed; family and kids; regroup often
T2	Easy, gentle grades	Road 29 at Highway 113 Overpass	P2	9 - 12	Tourist riding; stops/regroups as needed
T3	Rolling hills	English Hills; Pleasants Valley Road	P3	12 - 16	Moderate; solid riders; regroup @ 45 min.
T4	Rolling to mod. hills	Lake Solano; Monticello Dam	P4	16 - 18	Brisk; experienced riders; no obligation to wait
T5	Moderate grades	Cantelow; Cardiac	P5	18 - 21	Fast; strong riders; few stops; no waiting
T6	Steep, long grades	Mount Diablo; Marshall Grade	P6	21 +	Strenuous, very fast; very strong riders

## General Ride Information

- **Helmets are required** on all Davis Bike Club rides.
- **All rides begin at Starbucks** (2038 Lyndell Terrace, east of Sutter Davis Hospital), unless otherwise specified. Rides starting elsewhere will be noted in the ride description. The ride leader is responsible for coordinating transportation to the starting point, if necessary.
- **Rain is bad, and will cancel any ride** unless otherwise noted in the ride description. If in doubt, contact the ride leader.
- Announced ride time is the time at which the ride starts. **Come early** to prep your bike, sign in and get maps or pre-ride instructions.
- **Pace** is based on condition of level ground with no wind.

## Ride Start Locations

### Davis Locations

- **Starbucks**  
East of Sutter Davis Hospital (near Highway 113 & Covell)
- **Davis Amtrak Station**  
2nd Street, east of G Street
- **Davis Park n' Ride**  
Mace Boulevard & CR 32A
- **Sutter Davis Hospital**  
100 yards north of Union 76
- **Veterans' Memorial Center**  
203 E. 14th Street (at B Street)
- **Wheelworks**  
247 F Street (at 3rd Street)

### Out of Town Locations

- **Putah Creek Cafe**  
Main Street & Railroad Avenue, Winters
- **Winters Park n' Ride**  
Main Street & Railroad Avenue, Winters
- **Woodland Nugget**  
168 Court Street, Woodland
- **Auburn Starbucks**  
392 Elm Avenue, Auburn

# January DBC Rides

Note: Asterisked (\*) rides have a starting location other than Starbucks. Consult the ride description for start location. All telephone numbers are in the 530 area code, unless otherwise noted.

## Recurring Rides

### Ed Martin Memorial Weekday Morning Ride Series

Mondays

#### Esparto Tailwinds

9:00am ~ T1/P3-5 ~ 50 miles

Barry Bolden, 297.5123 or  
[boliverb@dcn.org](mailto:boliverb@dcn.org)

Ride north to Esparto, with a stop at the Burger Barn, then downhill and a tailwind home. Experience part of the Double Century route as a bonus.

Tuesdays

#### Mocha Joe's Country Loop

8:45am ~ T1/P3 ~ 35 miles

Paul Grant, 756.7813 or  
[pwgrant@ucdavis-alumni.com](mailto:pwgrant@ucdavis-alumni.com)

9:00am ~ T1/P4-5 ~ 39 miles

Phil Coleman, 756.4885 or  
[pkcoleman@comcast.net](mailto:pkcoleman@comcast.net)

Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis.

Wednesdays

#### Solano Baking Company

8:45am ~ T1/P3 ~ 35 miles

Dan & Sharon Cucinotta, 756.1711 or  
[scucher@comcast.net](mailto:scucher@comcast.net)

9:00am ~ T1/P4-5 ~ 39 miles

Phil Coleman, 756.4885 or  
[pkcoleman@comcast.net](mailto:pkcoleman@comcast.net)

Ride south to Dixon, past orchards and fields, and relax at Solano Baking Company in Dixon before returning to Davis.

Thursdays

#### Steady Eddy's

8:45am ~ T1/P3 ~ 30 miles

Dan & Sharon Cucinotta, 756.1711 or  
[scucher@comcast.net](mailto:scucher@comcast.net)

9:00am ~ T1/P4-5 ~ 34 miles

Phil Coleman, 756.4885 or  
[pkcoleman@comcast.net](mailto:pkcoleman@comcast.net)

Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis.

Fridays

#### Vacaville Rolling Hills

9:00am ~ T3/P5 ~ 60 miles

Larry Burdick, 753.7591 or  
[larryburdick@netzero.net](mailto:larryburdick@netzero.net)

Ride with "The Legend" through the rolling hills to and from Vacaville. Enjoy the goodies at Vacaville's Heritage Café.

### Weekly/Bi-weekly

#### Early Bird Special\*

Mondays and Fridays

6:15am ~ T1/P3 ~ 20 miles

Jack Kenward, 753.9329 or  
[kenward2@dcn.org](mailto:kenward2@dcn.org)

Meet on the Russell Boulevard bike path between Arlington and Lake Boulevards. Rain does not cancel this ride.

#### Women's Wednesdays\*

Wednesdays

9:00am ~ T1/P3 ~ 20-30 miles

Marilyn Dewey, 753.9188 or  
[deweyms@hotmail.com](mailto:deweyms@hotmail.com)

Meet in front of Wheelworks, 3rd & F Streets, for an easy one to two hour ride to improve skills and fitness in a low-key, fun environment.

#### Winters Dinner Ride\*

Thursdays

6:00pm ~ T1/P3 ~ 30 miles

Paul Grant, 756.7813 or  
[pwgrant@ucdavis-alumni.com](mailto:pwgrant@ucdavis-alumni.com)

Meet on the Russell Boulevard bike path at Lake Boulevard. Remember to bring our lights and be sure the battery is fully charged. Come out on this easy-going dinner ride to Winters. Expect friendly conversation. No one will be left behind!

#### Coffee and a Roll

Saturdays

7:30am ~ T1/P4-5 ~ 35 miles

Scott Alumbaugh, 204.8481 or  
[sea@seadogdesigns.com](mailto:sea@seadogdesigns.com)

A Saturday morning quick out and back to Steady Eddy's in Winters, ending at Davis Farmers Market. Ride leader may have occasional absences, so if he hasn't shown up by 7:35, the ride proceeds.

### Monthly

#### RH Phillips First Saturday Brunch\*

Saturday, January 5

10:00am ~ T2/P3 ~ 45 miles

Anne Huber, 758.8115 or  
[ahuber@jsanet.com](mailto:ahuber@jsanet.com)

Meet at the Woodland Nugget parking lot. This is a lovely ride through rolling hills of northern Yolo County ending up at RH Phillips winery for their monthly brunch. The meal varies each month, and can generally be found on the RH Phillips website. The ride leader may also post it on the DBC listserv. The food plus wine pairing is always delicious. Price has recently risen to \$13, including tax, but you can bring your own lunch if you wish. Possible earlier start time from Davis (to meet with the Woodland crowd) will be announced on the listserv.

#### Show and Go

Sunday, January 13

8:00am ~ Terrain, Pace, & Distance TBD

Glenn Mounkes, 220.3513 or  
[glenmonk@yahoo.com](mailto:glenmonk@yahoo.com)

This ride varies: route, distance and pace will be determined at the start by the group. The ride leader will lobby for wind and/or hills.

#### Third Saturday Ride

Saturday, January 19

9:00am ~ T1-5/P3-4 ~ 30/40/60 miles

David Joshel, 717.5133 (c), 756.7409 (h) or  
[davidjoshel@hotmail.com](mailto:davidjoshel@hotmail.com)

Ride to Winters (30 miles), Lake Solano (40 miles) or Cantelow (60 miles). Optional coffee/food stop at Steady Eddy's in Winters. With the multiple options available, most riders can find a distance and pace to suit them.

## For all you RH Phillips fans, here's what's on the menu for Saturday, January 5:

"January's First Saturday Food and Wine Pairing on January 5th where we will feature Cabernet Braised Short Ribs with Gorgonzola Polenta and Mixed-Herb Gremolata with a hearty glass of Toasted Head Cabernet Sauvignon. Drool! \$12.00 per person. 11:30 a.m. until 2:00 p.m. or we run out of food."

Enjoy! What was that saying? Something about ride to eat ...

# JANUARY DBC Rides (cont.)

Note: Asterisked (\*) rides have a starting location other than Starbucks. Consult the ride description for start location. All telephone numbers are in the 530 area code, unless otherwise noted.

## Jersey Rides

Davis Bike Club partially reimburses members who participate in designated Jersey Rides (see list below). To apply, send an email within 72 hours after finishing a Jersey Ride to [dbcjerseyride@gmail.com](mailto:dbcjerseyride@gmail.com) stating:

- your name and address
- name of the Jersey Ride
- mileage ridden
- amount paid for registration

In October of each year, the funds available for Jersey Ride support will be rationally distributed to the participants. Continuous club membership for the entire year is required.



## Jersey Ride Results

The Jersey Rides for 2008 will be decided at the January 13 tour planning meeting (see next page).

## Non-Recurring Rides

### Winter Long Distance Ride #3

Saturday, January 12  
8:00am ~ T-varies/P-your choice ~ 110 miles  
Amy Rafferty, 666.5468 or  
[aerafferty@ucdavis.edu](mailto:aerafferty@ucdavis.edu)

This month the Winter Ride Series is an "Atlas Peak Assault" (or if you prefer, "Pet Sematary"). It is an Atlas Peak out-and-back. Out to Winters and Moscowite via Highway 128, Highway 121 through Wildcat Canyon and over Mt. George into Napa, then up Atlas Peak Road, a seven-mile climb with beautiful views and a pet cemetery. Lunch at the Monticello Deli at the intersection of Highway 121 and Atlas Peak Road. Return by the same route. Folks who don't want to do the whole ride are welcome to start with the bunch and turn around at any point. Sunset is at 5:04pm, and this is a challenging route, so lights are recommended.

### Anyone's Guess Ride

Sunday, January 20  
9:00am ~ T?/P3 ~ ? miles  
John Whitehead, 758.8115 or  
[jcw@dcn.org](mailto:jcw@dcn.org)

A year from today a new president will be inaugurated. As is true for this namesake ride, it's too early to predict details as *Changing Gears* goes to press.

### Lake Solano Loop

Saturday, January 26  
9:00am ~ T1-3/P3 ~ 45 miles  
Julie Sly, 916.201.2790 or  
[Juliesly@aol.com](mailto:Juliesly@aol.com)

Ride to Winters and around Lake Solano, with a food/rest stop at Steady Eddy's in Winters before returning to Davis. Option for more miles if the group wants to continue up Pleasants Valley Road to Cantelow Road before returning to Winters.



If you missed getting socks at the holiday party, don't despair. You can still get a free Davis Bike Club Turbo Card. Stick it in your spokes and smile!

## Clear Lake Tour

- March 15-16
- Motel
- Group meal Saturday night
- Sag stops
- March Madness miles!
- Details in February and March newsletters
- In a hurry, email [LeeBikeVan@aol.com](mailto:LeeBikeVan@aol.com)

