

FEBRUARY 2008 RIDE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Jan 27	Jan 28	Jan 29	Jan 30	Jan 31	1	2
	• Early Bird Special • Esparto Tailwinds	• Mocha Joe's Country Loop	• Solano Baking Co. • Women's Wednesday	• Steady Eddy's • Winters Dinner	• Early Bird Special • Vacaville Rolling Hills	• RH Phillips First Saturday Brunch • Coffee and a Roll
3	4	5	6	7	8	9
	• Early Bird Special • Esparto Tailwinds <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;">Membership Meeting</div>	• Mocha Joe's Country Loop	• Solano Baking Co. • Women's Wednesday <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;">Race Team Meeting</div>	• Steady Eddy's • Winters Dinner	• Early Bird Special • Vacaville Rolling Hills	• Winter Long Distance Ride #4 • Coffee and a Roll • Amgen TOC Workers' Ride
10	11	12	13	14	15	16
• Show and Go • Rice Valley Tandem Rally	• Early Bird Special • Esparto Tailwinds <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;">Board Meeting</div>	• Mocha Joe's Country Loop	• Solano Baking Co. • Women's Wednesday	• Steady Eddy's • Winters Dinner	• Early Bird Special • Vacaville Rolling Hills <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;">Newsletter and Ride Schedule Deadlines</div>	• Third Saturday • Coffee and a Roll
17	18	19	20	21	22	23
	• Early Bird Special • Esparto Tailwinds	• Mocha Joe's Country Loop • Amgen Tour of California	• Solano Baking Co. • Women's Wednesday	• Steady Eddy's • Winters Dinner	• Early Bird Special • Vacaville Rolling Hills	• Lake Solano Loop • Coffee and a Roll
24	25	26	27	28	29	March 1
	• Early Bird Special • Esparto Tailwinds	• Mocha Joe's Country Loop	• Solano Baking Co. • Women's Wednesday	• Steady Eddy's • Winters Dinner	• Early Bird Special • Vacaville Rolling Hills	• Coffee and a Roll

Ride Classifications *(refer to terrain (T) and pace (P) ride notations in ride descriptions)*

Terrain			Pace		
Rating	Terrain	Example	Rating	Pace (mph)	Notes
T1	Flat	Davis to Woodland or Sacramento	P1	10 or less	Relaxed; family and kids; regroup often
T2	Easy, gentle grades	Road 29 at Highway 113 Overpass	P2	9 - 12	Tourist riding; stops/regroups as needed
T3	Rolling hills	English Hills; Pleasants Valley Road	P3	12 - 16	Moderate; solid riders; regroup @ 45 min.
T4	Rolling to mod. hills	Lake Solano; Monticello Dam	P4	16 - 18	Brisk; experienced riders; no obligation to wait
T5	Moderate grades	Cantelow; Cardiac	P5	18 - 21	Fast; strong riders; few stops; no waiting
T6	Steep, long grades	Mount Diablo; Marshall Grade	P6	21 +	Strenuous, very fast; very strong riders

General Ride Information

- **Helmets are required** on all Davis Bike Club rides.
- **All rides begin at Starbucks** (2038 Lyndell Terrace, east of Sutter Davis Hospital), unless otherwise specified. Rides starting elsewhere will be noted in the ride description. The ride leader is responsible for coordinating transportation to the starting point, if necessary.
- **Rain is bad, and will cancel any ride** unless otherwise noted in the ride description. If in doubt, contact the ride leader.
- Announced ride time is the time at which the ride starts. **Come early** to prep your bike, sign in and get maps or pre-ride instructions.
- **Pace** is based on condition of level ground with no wind.

Ride Start Locations

Davis Locations

- **Starbucks**
East of Sutter Davis Hospital (near Highway 113 & Covell)
- **Davis Amtrak Station**
2nd Street, east of G Street
- **Davis Park n' Ride**
Mace Boulevard & CR 32A
- **Sutter Davis Hospital**
100 yards north of Union 76
- **Veterans' Memorial Center**
203 E. 14th Street (at B Street)
- **Wheelworks**
247 F Street (at 3rd Street)

Out of Town Locations

- **Putah Creek Cafe**
Main Street & Railroad Avenue, Winters
- **Winters Park n' Ride**
Main Street & Railroad Avenue, Winters
- **Woodland Nugget**
168 Court Street, Woodland
- **Auburn Starbucks**
392 Elm Avenue, Auburn

February DBC Rides

Note: Asterisked (*) rides have a starting location other than Starbucks. Consult the ride description for start location. All telephone numbers are in the 530 area code, unless otherwise noted.

Recurring Rides

Ed Martin Memorial Weekday Morning Ride Series

Mondays

Esparto Tailwinds

8:00am ~ T1/P3-5 ~ 50 miles
Barry Bolden, 297.5123 or
boliverb@dcn.org

Ride north to Esparto, with a stop at the Burger Barn, then downhill and a tailwind home. Experience part of the Double Century route as a bonus.

Tuesdays

Mocha Joe's Country Loop

8:45am ~ T1/P3 ~ 35 miles
Paul Grant, 756.7813 or
pwgrant@mac.com

9:00am ~ T1/P4-5 ~ 39 miles
Phil Coleman, 756.4885 or
pkcoleman@comcast.net

Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis.

Wednesdays

Solano Baking Company

8:45am ~ T1/P3 ~ 35 miles
Dan & Sharon Cucinotta, 756.1711 or
scucher@comcast.net

9:00am ~ T1/P4-5 ~ 39 miles
Phil Coleman, 756.4885 or
pkcoleman@comcast.net

Ride south to Dixon, past orchards and fields, and relax at Solano Baking Company in Dixon before returning to Davis.

Thursdays

Steady Eddy's

8:45am ~ T1/P3 ~ 30 miles
Dan & Sharon Cucinotta, 756.1711 or
scucher@comcast.net

9:00am ~ T1/P4-5 ~ 34 miles
Phil Coleman, 756.4885 or
pkcoleman@comcast.net

Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis.

Fridays

Vacaville Rolling Hills

8:00am ~ T3/P5 ~ 60 miles
Larry Burdick, 753.7591 or
larryburdick@netzero.net

Ride with "The Legend" through the rolling hills to and from Vacaville. Enjoy the goodies at Vacaville's Heritage Café.

Weekly/Bi-weekly

Early Bird Special*

Mondays and Fridays
6:15am ~ T1/P3 ~ 20 miles
Jack Kenward, 753.9329 or
kenward2@dcn.org

Meet on the Russell Boulevard bike path between Arlington and Lake Boulevards. Rain does not cancel this ride.

Women's Wednesdays*

Wednesdays
9:00am ~ T1/P3 ~ 20-30 miles
Marilyn Dewey, 753.9188 or
deweyms@hotmail.com

Meet in front of Wheelworks, 3rd & F Streets, for an easy one to two hour ride to improve skills and fitness in a low-key, fun environment.

Winters Dinner Ride*

Thursdays
6:00pm ~ T1/P3 ~ 30 miles
Paul Grant, 756.7813 or
pwgrant@mac.com

Meet on the Russell Boulevard bike path at Lake Boulevard. Remember to bring our lights and be sure the battery is fully charged. Come out on this easy-going dinner ride to Winters. Expect friendly conversation. No one will be left behind!

Coffee and a Roll

Saturdays
8:00am ~ T1/P4-5 ~ 35 miles
Scott Alumbaugh, 204.8481 or
sea@seadogdesigns.com

A Saturday morning quick out and back to Steady Eddy's in Winters, ending at Davis Farmers Market. Ride leader may have occasional absences, so if he hasn't shown up by 8:05, the ride proceeds.

Monthly

RH Phillips First Saturday Brunch*

Saturday, February 2
10:00am ~ T2/P3 ~ 45 miles
Anne Huber, 758.8115 or
ahuber@jsanet.com

Meet at the Woodland Nugget parking lot. This is a lovely ride through rolling hills of northern Yolo County ending up at RH Phillips winery for their monthly brunch. The meal varies each month, and can generally be found on the RH Phillips website. The ride leader may also post it on the DBC listserv. The food plus wine pairing is always delicious. Price has recently risen to \$13, including tax, but you can bring your own lunch if you wish. Possible earlier start time from Davis (to meet with the Woodland crowd) will be announced on the listserv.

Show and Go

Sunday, February 10
8:00am ~ Terrain, Pace, & Distance TBD
Glenn Mounkes, 220.3513 or
glenmonk@yahoo.com

This ride varies: route, distance and pace will be determined at the start by the group. The ride leader will lobby for wind and/or hills.

Third Saturday Ride

Saturday, February 16
9:00am ~ T1-5/P3-4 ~ 30/40/60 miles
David Joshel, 510.7175133 (c), 756.7409 (h)
or davidjoshel@hotmail.com

Ride to Winters (30 miles), Lake Solano (40 miles) or Cantelow (60 miles). Optional coffee/food stop at Steady Eddy's in Winters. With the multiple options available, most riders can find a distance and pace to suit them.



FEBRUARY DBC Rides (cont.)

Note: Asterisked (*) rides have a starting location other than Starbucks. Consult the ride description for start location. All telephone numbers are in the 530 area code, unless otherwise noted.

Jersey Rides

Davis Bike Club partially reimburses members who participate in designated Jersey Rides (see list below). To apply, send an email within 72 hours after finishing a Jersey Ride to dbcjerseyride@gmail.com stating:

- your name and address
- name of the Jersey Ride
- mileage ridden
- amount paid for registration

In October of each year, the funds available for Jersey Ride support will be rationally distributed to the participants. Continuous club membership for the entire year is required.



Jersey Ride Results

The Jersey Rides for 2008 will be announced soon.

Non-Recurring Rides

Winter Long Distance Ride #4

Saturday, February 9
8:00am ~ T-varies/P-your choice ~ 123 miles
Amy Rafferty, 666.5468 or
aerafferty@ucdavis.edu

This month the Winter Ride Series is a "Calistoga 200K." Please note the earlier start time. It's a straight out-and-back from Davis to Calistoga via Highway 128 and Silverado Trail. People who don't want to go the whole distance are welcome to turn back early. There are good lunch spots in St. Helena and Calistoga. Sunset is at 5:35pm. Lights are recommended, especially for those who plan to stop for lunch. This is your last chance to participate in these simulated brevets before March, when they come around for real!



Amgen Tour of California Workers' Ride*

Saturday, February 9
9:30am ~ T1/P2 ~ 5 miles
No ride leader

Hop on your town bike, ride to Veterans' Memorial Center (14th & B), and look for the crowded room full of familiar faces. City of Davis folks will tell us all about plans for helping the Amgen Tour of California race slip through town on Feb 19. If you don't start at Starbucks with the crowd (actually, it's unclear whether there even is an organized crowd starting at Starbucks), adjust your start time and mileage to arrive at VMC by 10am.

Lake Solano Loop

Saturday, February 23
9:00am ~ T1-3/P3 ~ 45 miles
Julie Sly, 916.201.2790 or
Juliesly@aol.com

Ride to Winters and around Lake Solano, with a food/rest stop at Steady Eddy's in Winters before returning to Davis. Option for more miles if the group wants to continue up Pleasants Valley Road to Cantelow Road before returning to Winters.

Volunteers Needed for Amgen Race

The Amgen Tour of California professional world-class bicycle stage race will roll through Davis again, Tuesday, February 19th. More volunteers means less work and more fun. If you stood on a hill last year to watch the riders climb, consider taking a turn in town.

Volunteers are needed to help close side streets, to keep cars and people off the race route during the critical moments. Most of the volunteer work only requires committing to a long lunch hour. The Davis City folks, including Events, Parks, Public Works, and Police, do 99 percent of the organizing and preparation. Let's make their job easier by offering a long list of names weeks in advance.

The City would like to count all volunteers, so please take 45 seconds to enter your name at their website, even if you don't want the free tee shirt. Go to www.cityofdavis.org/story/amgen/maillist.cfm.

The official race website has a lot of information at www.amgen-tourofcalifornia.com. That site has a general volunteer page, but instead use the City of Davis URL above to offer your services locally. The goal is to have 100 volunteers in Davis, so please ask family members and friends to sign up if they are available to assist.

All volunteers are welcome to attend a training session on Saturday, February 9th at 10am at the Veterans' Memorial Center, but attendance is not essential to help on race day.

Special Events

Rice Valley Tandem Rally*

Sunday, February 10
7:00am ~ T 1-2/P-whatever ~ 40-100 miles
Chico Velo Bike Club

Start at the Butte County Fairgrounds, 199 E. Hazel, Gridley. Chico Velo's Rice Valley Tandem Rally is a lovely ride in southern Butte County and around the Sutter Buttes, the "World's Smallest Mountain Range." Your Humble Ride Calendar Coordinator thinks that the food on this ride comes almost up to DBC standards, and that's high praise. See www.active.com/event_detail.cfm?EVENT_ID=1504837&CHECKSSO=1&RESET=0 for more details. This is *not* a DBC Jersey Ride.

Amgen Tour of California*

Tuesday, February 19
TBDam ~ T1/P11 ~ long!
No ride leader

Show time! The Amgen Tour of California returns to Davis. See the article at left and sign up to help with the race. We DBCers may pride ourselves on a wide range of ride speed ratings, but these guys' adjustment knob goes up to eleven (if that's obscure, rent the movie *Spinal Tap*).