

# DBC Ride and Event Calendar

June 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Rebecca's Loop 9:30a  Dunlap Time Trial	2 Early Bird Special 6:15a Esparto Tailwinds 8:00a	3 Mocha Joe's Loop 7:45a Mocha Joe's Loop 8:00a	4 Solano Baking Co 7:45a Solano Baking Co 8:00a Women's Weds 9:00a  <u>Race Team Mtg 7:30p</u>	5 Steady Eddy's 7:45a Steady Eddy's 8:00a  Tue/Thu Race Ride 6p Winters Dinner Ride 6p	6 Early Bird Special 6:15a  Vaca Rolling Hills 8:00a	7 Coffee and a Roll 8:00a  RH Phillips Brunch 10am
8 "Show N Go" 8:00a	9 Early Bird Special 6:15a Esparto Tailwinds 8:00a  <u>Club General Mtg 7:00p</u>	10 Mocha Joe's Loop 7:45a Mocha Joe's Loop 8:00a  <u>Board Meeting 7:00p</u>	11 Solano Baking Co 7:45a Solano Baking Co 8:00a Women's Weds 9:00a	12 Steady Eddy's 7:45a Steady Eddy's 8:00a  Tue/Thu Race Ride 6p Winters Dinner Ride 6p	13 Early Bird Special 6:15a  Vaca Rolling Hills 8:00a	14 Coffee and a Roll 8:00a  2nd Sat Saunter 10:00a
15	16 Early Bird Special 6:15a Esparto Tailwinds 8:00a	17 Mocha Joe's Loop 7:45a Mocha Joe's Loop 8:00a  <u>Newsletter Deadline 5:00p</u>	18 Solano Baking Co 7:45a Solano Baking Co 8:00a Women's Weds 9:00a	19 Steady Eddy's 7:45a Steady Eddy's 8:00a  Tue/Thu Race Ride 6p Winters Dinner Ride 6p	20 Early Bird Special 6:15a  Vaca Rolling Hills 8:00a	21 Coffee and a Roll 8:00a  3rd Saturday 9:00a
22	23 Early Bird Special 6:15a Esparto Tailwinds 8:00a	24 Mocha Joe's Loop 7:45a Mocha Joe's Loop 8:00a	25 Solano Baking Co 7:45a Solano Baking Co 8:00a Women's Weds 9:00a	26 Steady Eddy's 7:45a Steady Eddy's 8:00a  Tue/Thu Race Ride 6p Winters Dinner Ride 6p	27 Early Bird Special 6:15a  Vaca Rolling Hills 8:00a	28 Coffee and a Roll 8:00a  <u>Lake Solano Loop 8:00a</u>
29	30 Early Bird Special 6:15a Esparto Tailwinds 8:00a	1 Mocha Joe's Loop 7:45a Mocha Joe's Loop 8:00a	2 Solano Baking Co 7:45a Solano Baking Co 8:00a Women's Weds 9:00a	3 Steady Eddy's 7:45a Steady Eddy's 8:00a  Tue/Thu Race Ride 6p	4 Early Bird Special 6:15a  Vaca Rolling Hills 8:00a	5 Coffee and a Roll 8:00a

## Ride Descriptions

**Helmets Required on all rides!**

### Non-Recurring Rides

#### Rebecca's Loop\*

June 1, Sunday, 9:30am T1-3/P3/30 mi  
Diane Richter, [bdrichter55@gmail.com](mailto:bdrichter55@gmail.com)

This ride starts in Winters, in the parking lot near Steady Eddy's. We'll ride out Old Winters Road to Allendale Road, meander around Timm Road to Cantelow, and get some gentle hill practice on Gibson Canyon Road. Just before we get to Vacaville, we'll cross over to Pleasants Valley Road and come back to Winters. Bring food and water; there are no food stops on the ride. This will be a true pace 3 ride, between 12 and 16 mph, mostly around 14 to 15mph. So it's a good one for beginners or those who like to actually see the countryside through which they are riding.

#### Lake Solano Loop

June 28, Saturday, 8:00am  
T1-3/P3/45mi  
Julie Sly, 916-201-2790 or  
[Juliesly@aol.com](mailto:Juliesly@aol.com)

Start at Starbuck's, ride to Winters and around Lake Solano, with a food/rest stop at Steady Eddy's in Winters before returning to Davis. Option for more miles if the group wants to continue up Pleasants Valley Road to Cantelow Road before returning to Winters. Note the hour earlier start time compared to the spring; this is so everyone enjoys themselves before the summer heat gets too oppressive.

### Regularly Recurring Rides

#### RH Phillips First Saturday Brunch\*

June 7, First Saturday, 10:00am T2/P3/45mi  
Anne Huber, 530-758-8115  
or [ahuber@jsanet.com](mailto:ahuber@jsanet.com)

Meet at the Woodland Nugget parking lot. This is a lovely ride through rolling hills of northern Yolo County ending up at RH Phillips winery for their monthly brunch. The meal varies each month, and can generally be found on the RH Phillips website (although the website has changed recently, and Humble Ride Calendar Coordinator couldn't find the menu the last time he looked). The ride leader may also post it on the DBC listserve. The food plus wine pairing is always delicious. Price has recently risen to \$13, including tax, but you can bring your own lunch if you wish. Possible earlier start time from Davis (to meet with the Woodland crowd) will be announced on the listserve.

# Regularly Recurring Rides

Note: Asterisked (\*) rides have a starting location other than Starbucks. Consult the ride description for start location.

## "Show & Go" Ride June 8

2nd Sunday, 8:00 am T-varies/P-TBD/TBD mi  
Glenn Mounkes, 530-220-3513 or  
[glenmonk@yahoo.com](mailto:glenmonk@yahoo.com)

This ride varies: route, distance and pace will be determined at the Start by the group. The Ride Leader will lobby for wind and/or hills.

## Second Saturday Saunter June 14\*

Second Saturday, 10:00 am T1/P2/10-30 mi  
Dutch Martinich, 530-756-8234  
[dmartinich@att.net](mailto:dmartinich@att.net)

Meet at Aileen Johnson's bench in front of Veteran's Memorial at 14th and B Streets. This is a ride for people that like to look at the scenery, smell the flowers, and socialize. This is a good ride for those that are new to cycling, for those that are new to the club and would like to know how they would fit in, and for those that just like a leisurely pace. There will be a different ride every month including a local bikeway tour, an architecture tour of old Woodland, perhaps a birding ride and even a pub ride. Spandex and carbon-fiber not required.

## 3rd Saturday June 21

3rd Saturday, 9:00 am T1-T5/P3-P4/30/40/60 mi  
David Joshel, 510-717-5133 or  
[davidjoshel@hotmail.com](mailto:davidjoshel@hotmail.com)

Ride to Winters (30), Lake Solano (40) or Canelow (60) Optional coffee/food stop at Steady Eddies in Winters. With the multiple options available, most riders can find a distance and pace to suit them.

## Saturday Coffee and a Roll

Saturdays, 8:00 am T1/P4-5/30 mi  
Scott Alumbaugh, or [sea@seadogdesigns.com](mailto:sea@seadogdesigns.com)  
A Saturday morning quick out and back to Steady Eddy's in Winters, ending at Davis Farmer's Market. Start at Lyndell Terrace Starbucks. Ride Leader may have occasional absences, so if he hasn't shown up by shortly after 8:00, the ride proceeds.

## Esparto Tailwinds

Mondays, 8:00 am T1/P3-5/50 mi  
Barry Bolden, 530-297-5123  
or [boliverb@dcn.org](mailto:boliverb@dcn.org)

North to Esparto with a stop at the Burger Barn, then downhill and a tailwind home. Experience part of the Double Century route as a bonus.

## Mocha Joe's Country Loop

Tuesdays, 7:45 am T1/P3/35 mi  
Paul Grant, 530-756-3610 or  
[pwgrant@mac.com](mailto:pwgrant@mac.com)

Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis. A slightly slower pace than the ride beginning at 8:00.

## Mocha Joe's Country Loop

Tuesdays, 8:00 am T1/P4-P5/39 mi  
Phil Coleman, 530-756-4885 or  
[pkcoleman@comcast.net](mailto:pkcoleman@comcast.net)

Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis.

## Women's Wednesdays\*

Wednesdays, 9:00 am T1/P4/20-30mi  
Marilyn Dewey, 530-753-9188 or  
[deweyms@hotmail.com](mailto:deweyms@hotmail.com)

Meet in front of Wheelworks, 3rd and F Streets, for an easy 1 to 2 hour ride to improve skills and fitness in a low-key, fun environment.

## Steady Eddy's

Thursdays, 7:45 am T1/P3/30mi  
Gerry Peterson, 530-756-1254 or  
[gnjpeter0856@juno.com](mailto:gnjpeter0856@juno.com)

Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis. A slightly slower pace than the ride beginning at 8:00

## Steady Eddy's

Thursdays, 8:00 am T1/P4-P5/34 mi  
Phil Coleman, 530-756-4885

or [pkcoleman@comcast.net](mailto:pkcoleman@comcast.net)

Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis.

## Early Bird Special\*

Mon Fri, 6:15 am T1/P3/20mi  
Jack Kenward, 530-753-9329 or  
[kenward2@dcn.org](mailto:kenward2@dcn.org)

Meet on the Russell Blvd. bike path between Arlington and Lake. Rain does not cancel this ride.

## Winters Dinner Ride\*

Thursdays, 6:00 pm T1/P3/30mi  
Paul Grant, 530-756-3610 or  
[pwgrant@mac.com](mailto:pwgrant@mac.com)

Meet on the Russell Blvd. bike path at Lake Blvd. Now that June is behind us, we'll need to remember to bring our lights and be sure the battery is fully charged. Come out on this easy-going dinner ride to Winters. Expect friendly conversation. No-one will be left behind!

## Vacaville Rolling Hills

Fridays, 8:00 am T3/P5/60mi  
Larry Burdick, 530-753-7591 or  
[larryburdick@netzero.net](mailto:larryburdick@netzero.net)

Ride with 'The Legend' through the rolling hills to and from Vacaville. Enjoy the goodies at Vacaville's Heritage Cafe.

## Solano Baking Company

Wednesdays, 7:45 am T1/P3/35 mi  
Dan & Sharon Cucinotta, 530-756-1711 or  
[scucher@comcast.net](mailto:scucher@comcast.net)

Ride south to Dixon past orchards and fields, relax at Solano Baking Company in Dixon before returning to Davis. A slightly slower pace than the ride beginning at 8:00

## Solano Baking Company

Wednesdays, 8:00 am T1/P4-P5/39 mi  
Phil Coleman, 530-756-4885 or  
[pkcoleman@comcast.net](mailto:pkcoleman@comcast.net)

Ride south to Dixon past orchards and fields, relax at Solano Baking Company in Dixon before returning to Davis.

# Ride Classifications

Refer to T/P/(distance) on each description title

**Unless otherwise specified, all rides begin at the Starbucks, 2038 Lyndell Terrace, across from Sutter Davis Hospital in West Davis.** Rain will cancel any ride. If in doubt, call the ride leader. If you would like to lead a ride, please contact John Seabury, Ride Calendar Master. Location of starting points for rides beginning elsewhere will be stated clearly in the ride description. Coordinated transportation to these starting points, if necessary, will be made by the ride leader.

**Announced ride time is the time at which the ride starts. Come early to sign in and get maps and/or pre-ride instructions.**

### \* Terrain

1. Flat (Davis to Woodland, Sacramento)
2. Easy/Gentle grade (Antioch Bridge)
3. Rolling (Dunnigan Hills, Auburn Road)
4. Moderate/Easy (Solano to Monticello Dam)
5. Moderate grades (Cardiac/Cantelow)
6. Steep, long grade (Mt. Diablo, Marshall)

### \* Pace/Speed (on level road)

1. Leisurely/Relaxed (< 10 mph). For families, children, buggers; waits.
2. Tourist (9 to 12 mph). Stops as needed; waits for stragglers.
3. Moderate (12 to 16 mph). Solid riders; regroups every 45 min.
4. Brisk (16-18 mph). Experienced; no obligation to wait.
5. Fast (19-21 mph). Strong riders; few stops; no obligation to wait.
6. Strenuous (21 mph & faster). Very strong riders.