

DBC Ride and Event Calendar

August 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28 Early Bird Special 6:15a Esparto Tailwinds 8:00a	29 Mocha Joe's Loop 7:45a Mocha Joe's Loop 8:00a	30 Solano Baking Co 7:45a Solano Baking Co 8:00a Women's Weds 9:00a	31 Steady Eddy's 7:45a Steady Eddy's 8:00a Tue/Thu Race Ride 6p Winters Dinner Ride 6p	1 Early Bird Special 6:15a Vaca Rolling Hills 8:00a	2 Coffee and a Roll 8:00a RH Phillips Brunch 10am Midnight Century 7:00p
3 Coffee & Cantelow I 7am *	4 Early Bird Special 6:15a Esparto Tailwinds 8:00a	5 Mocha Joe's Loop 7:45a Mocha Joe's Loop 8:00a	6 Solano Baking Co 7:45a Solano Baking Co 8:00a Women's Weds 9:00a Race Team Mtg. 7:30p	7 Steady Eddy's 7:45a Steady Eddy's 8:00a Club General Mtg 6:30p Central Park, Davis Tue/Thu Race Ride 6p Winters Dinner Ride 6p	8 Early Bird Special 6:15a Vaca Rolling Hills 8:00a	9 Coffee and a Roll 8:00a 2nd Sat Saunter 10:00a
10 "Show N Go" 8:00a	11 Early Bird Special 6:15a Esparto Tailwinds 8:00a Board Meeting 7:00p	12 Mocha Joe's Loop 7:45a Mocha Joe's Loop 8:00a	13 Solano Baking Co 7:45a Solano Baking Co 8:00a Women's Weds 9:00a	14 Steady Eddy's 7:45a Steady Eddy's 8:00a Tue/Thu Race Ride 6p Winters Dinner Ride 6p	15 Early Bird Special 6:15a Vaca Rolling Hills 8:00a	16 Coffee and a Roll 8:00a 3rd Saturday 9:00a
17	18 Early Bird Special 6:15a Esparto Tailwinds 8:00a Newsletter Deadline 5:00p	19 Mocha Joe's Loop 7:45a Mocha Joe's Loop 8:00a	20 Solano Baking Co 7:45a Solano Baking Co 8:00a Women's Weds 9:00a	21 Steady Eddy's 7:45a Steady Eddy's 8:00a Tue/Thu Race Ride 6p Winters Dinner Ride 6p	22 Early Bird Special 6:15a Vaca Rolling Hills 8:00a	23 Coffee and a Roll 8:00a Coffee & Cantelow II 7am *
24 State Fair Hit & Run* 8:30am	25 Early Bird Special 6:15a Esparto Tailwinds 8:00a	26 Mocha Joe's Loop 7:45a Mocha Joe's Loop 8:00a	27 Solano Baking Co 7:45a Solano Baking Co 8:00a Women's Weds 9:00a	28 Steady Eddy's 7:45a Steady Eddy's 8:00a Tue/Thu Race Ride 6p	29 Early Bird Special 6:15a Vaca Rolling Hills 8:00a	30 Coffee and a Roll 8:00a
31	1	2	3	4	5	6

Ride Classifications

Refer to T/P/(distance) on each description title

Unless otherwise specified, all rides begin at the Starbucks, 2038 Lyndell Terrace, across from Sutter Davis Hospital in West Davis.
Rain will cancel any ride. If in doubt, call the ride leader. If you would like to lead a ride, please contact John Seabury, Ride Calendar Master. Location of starting points for rides beginning elsewhere will be stated clearly in the ride description. Coordinated transportation to these starting points, if necessary, will be made by the ride leader.

Announced ride time is the time at which the ride starts. Come early to sign in and get maps and/or pre-ride instructions.

* Terrain

1. Flat (Davis to Woodland, Sacramento)
2. Easy/Gentle grade (Antioch Bridge)
3. Rolling (Dunnigan Hills, Auburn Road)
4. Moderate/Easy (Solano to Monticello Dam)
5. Moderate grades (Cardiac/Cantelow)
6. Steep, long grade (Mt. Diablo, Marshall)

* Pace/Speed (on level road)

1. Leisurely/Relaxed (< 10 mph). For families, children, buggers; waits.
2. Tourist (9 to 12 mph). Stops as needed; waits for stragglers.
3. Moderate (12 to 16 mph). Solid riders; regroups every 45 min.
4. Brisk (16-18 mph). Experienced; no obligation to wait.
5. Fast (19-21 mph). Strong riders; few stops; no obligation to wait.
6. Strenuous (21 mph & faster). Very strong riders.

Non-Recurring Rides

Note: Asterisked (*) rides have a starting location other than Starbucks. Consult the ride description for start location.

Midnight Century*

August 2, Saturday 7:00pm
T1/P4/5/100 mi
Steve Cimini, 916-483-5222 or
cyclsteve@aol.com

Come join us for the annual evening century ride co-hosted with the Sacramento Bike Hikers. The ride will be SAGGED and food is provided at the turnaround point in Grimes. This is a fun ride which usually generates a large turn out. However, all riders are required to be able to ride 100 miles at a brisk pace (16-20mph). Be sure your lights are fully charged-enough to last 4-5 hours. Meet at Carl's Jr at the corner of Poleline and Covell Blvd. There is a \$5 per rider fee, payable at the start of the ride.

Coffee and Cantelow I*

August 3, Sunday, 7:00am
T1-5/P3-4/60mi
Carolyn Regan, 530-848-6391 or
regan.carolyn@gmail.com

Beat the heat and smell the dew before it evaporates with an early morning ride over Cantelow. Meet at the downtown Starbucks on F Street at 7am! Ride will head to Win-

ters, Clockwise over Cantelow, then enjoy a tailwind down Pleasants Valley Road with a stop at Steady Eddy's before returning to Davis-- with plenty of day left for all those chores and/or a nap!

Bike and Build Rider Escort*

Aug 8, Friday, 7:00am
T1-4/P3-4/40-50 mi
Stu Bresnick, 530-756-0420 or
hfhstu@omsoft.com

Join the Bike & Build riders as they complete their coast-to-coast ride on their next to last day from Davis to Napa. We will leave with them from Central Park in Davis and ride as far as Monticello Dam (longer or shorter, if you like), then return to Davis via Winters & Putah Creek Road. DBC will be providing a coffee & bagel breakfast for the Bike & Build group in Central Park before we all depart. If you plan to go on this ride and would like to join the breakfast please contact the ride leader so we can bring enough food and drink.

Coffee and Cantelow II*

Aug 23, Saturday 7:00am
T1-5/P3-4/60 mi
Carolyn Regan, 530-848-6391 or
regan.carolyn@gmail.com

Beat the heat and smell the dew before it evaporates with an early morning ride over Cantelow. Meet at the downtown Starbucks on F Street at 7am! Ride will head to Winters, Clockwise over Cantelow, then enjoy a tailwind down Pleasants Valley Road with a stop at Steady Eddy's before returning to Davis-- with plenty of day left for all those chores and/or a nap!

State Fair Hit & Run*

August 24, Sunday, 8:30 am T1/P3/48 mi
John Whitehead, 530-758-8115 or
jcw@dcn.org

Meet at Veterans Memorial Center. Experience valet parking at the State Fair, thanks to the Sacramento Area Bicycle Advocates. We will visit the art building and the UCD centennial exhibit, then likely escape before it's hot and crowded. Bring \$10 for fair admission and money for lunch, perhaps at Panera Bread.

Regularly Recurring Rides

Note: Asterisked (*) rides have a starting location other than Starbucks. Consult the ride description for start location.

RH Phillips First Saturday Brunch*

Aug 2, First Saturday, 10:00am T2/P3/45mi
Anne Huber, 530-758-8115 or
ahuber@jsanet.com

Meet at the Woodland Nugget parking lot. This is a lovely ride through rolling hills of northern Yolo County ending up at RH Phillips winery for their monthly brunch. The meal varies each month, and can generally be found on the RH Phillips website. The ride leader may also post it on the DBC listserve. The food plus wine pairing is always delicious. Price has recently risen to \$13, including tax, but you can bring your own lunch if you wish. Possible earlier start time from Davis (to meet with the Woodland crowd) may be announced on the listserve, but the Ride Leader will start the ride from Woodland. Predicted high temperature of 38C (that's 100F for you dinos) may cancel the ride, check the listserve.

Second Saturday Saunter Aug 9*

Second Saturday, 10:00 am T1/P2/10-30 mi
Dutch Martinich, 530-756-8234 or
dmartinich@att.net

Meet at Aileen Johnson's bench in front of Veteran's Memorial at 14th and B Streets. This is a

ride for people that like to look at the scenery, smell the flowers, and socialize. This is a good ride for those that are new to cycling, for those that are new to the club and would like to know how they would fit in, and for those that just like a leisurely pace. There will be a different ride every month including a local bikeway tour, an architecture tour of old Woodland, perhaps a birding ride and even a pub ride. Spandex and carbon-fiber not required.

"Show & Go" Ride Aug 10

2nd Sunday, 8:00 am T-varies/P-TBD/TBD mi
Glenn Mounkes, 530-220-3513 or
glenmonk@yahoo.com

This ride varies: route, distance and pace will be determined at the Start by the group. The Ride Leader will lobby for wind and/or hills.

3rd Saturday Aug 16

3rd Saturday, 9:00 am T1-T5/P3-P4/30/40/60 mi
David Joshel, 510-717-5133 or
davidjoshel@hotmail.com

Ride to Winters (30), Lake Solano (40) or Cantelow (60) Optional coffee/food stop at Steady Eddies in Winters. With the multiple options available, most riders can find a distance and pace to suit them.

Saturday Coffee and a Roll

Saturdays, 8:00 am T1/P4-5/30 mi
Scott Alumbaugh, or
sea@seadogdesigns.com

A Saturday morning quick out and back to Steady Eddy's in Winters, ending at Davis Farmer's Market. Start at Lyndell Terrace Starbucks. Ride Leader may have occasional absences, so if he hasn't shown up by shortly after 8:00, the ride proceeds.

Esparto Tailwinds

Mondays, 8:00 am T1/P3-5/50 mi
Barry Bolden, 530-297-5123 or
boliverb@dcn.org

North to Esparto with a stop at the Burger Barn, then downhill and a tailwind home. Experience part of the Double Century route as a bonus.

Mocha Joe's Country Loop

Tuesdays, 7:45 am T1/P3/35 mi
Paul Grant, 530-756-3610 or
pwgrant@mac.com

Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis. A slightly slower pace than the ride beginning at 8:00.

Regularly Recurring Rides (cont.)

Note: Asterisked (*) rides have a starting location other than Starbucks.
Consult the ride description for start location.

Mocha Joe's Country Loop

Tuesdays, 8:00 am T1/P4-P5/39 mi
Phil Coleman, 530-756-4885 or
pkcoleman@comcast.net

Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis.

Women's Wednesdays*

Wednesdays, 9:00 am T1/P4/20-30mi
Marilyn Dewey, 530-753-9188 or
deweyms@hotmail.com

Meet in front of Wheelworks, 3rd and F Streets, for an easy 1 to 2 hour ride to improve skills and fitness in a low-key, fun environment.

Solano Baking Company

Wednesdays, 7:45 am T1/P3/35 mi
Dan & Sharon Cucinotta, 530-756-1711 or
scucher@comcast.net

Ride south to Dixon past orchards and fields, relax at Solano Baking Company in Dixon before returning to Davis. A slightly slower pace than the ride beginning at 8:00

Solano Baking Company

Wednesdays, 8:00 am T1/P4-P5/39 mi
Phil Coleman, 530-756-4885 or
pkcoleman@comcast.net

Ride south to Dixon past orchards and fields, relax at Solano Baking Company in Dixon before returning to Davis.

Steady Eddy's

Thursdays, 7:45 am T1/P3/30mi
Gerry Peterson, 530-756-1254 or
gnjpeter0856@juno.com

Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis. A slightly slower pace than the ride beginning at 8:00

Steady Eddy's

Thursdays, 8:00 am T1/P4-P5/34 mi
Phil Coleman, 530-756-4885 or
pkcoleman@comcast.net

Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis.

Early Bird Special*

Mon Fri, 6:15 am T1/P3/20mi
Jack Kenward, 530-753-9329 or
kenward2@dcn.org

Meet on the Russell Blvd. bike path between Arlington and Lake. Rain does not cancel this ride.

Winters Dinner Ride*

Thursdays, 6:00 pm T1/P3/30mi
Paul Grant, 530-756-3610 or
pwgrant@mac.com

Meet on the Russell Blvd. bike path at Lake Blvd. Now that June is behind us, we'll need to remember to bring our lights and be sure the battery is fully charged. Come out on this easy-going dinner ride to Winters. Expect friendly conversation. No-one will be left behind!

Vacaville Rolling Hills

Fridays, 8:00 am T3/P5/60mi
Larry Burdick, 530-753-7591 or
larryburdick@netzero.net

Ride with 'The Legend' through the rolling hills to and from Vacaville. Enjoy the goodies at Vacaville's Heritage Cafe.