

DBC Ride and Event Calendar

September 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31 Early Bird Special 6:15a Esparto Tailwinds 8:00a Morrison's Monday 8:00a Labor Day Holiday	1 Early Bird Special 6:15a Esparto Tailwinds 8:00a Morrison's Monday 8:00a Labor Day Holiday	2 Mocha Joe's Loop 7:45a Mocha Joe's Loop 8:00a Tuesday Skills Ride 6p Tue/Thu Race Ride 6p	3 Solano Baking Co 7:45a Solano Baking Co 8:00a Women's Weds 9:00a Race Team Mtg. 7:30p	4 Steady Eddy's 7:45a Steady Eddy's 8:00a Tue/Thu Race Ride 6p Winters Dinner Ride 6p	5 Early Bird Special 6:15a Vaca Rolling Hills 8:00a	6 Coffee and a Roll 8:00a RH Phillips Brunch 10am
7	8 Early Bird Special 6:15a Esparto Tailwinds 8:00a Morrison's Monday 8:00a Board Meeting 7:00p	9 Mocha Joe's Loop 7:45a Mocha Joe's Loop 8:00a Tuesday Skills Ride 6p Tue/Thu Race Ride 6p	10 Solano Baking Co 7:45a Solano Baking Co 8:00a Women's Weds 9:00a	11 Steady Eddy's 7:45a Steady Eddy's 8:00a Tue/Thu Race Ride 6p Winters Dinner Ride 6p	12 Early Bird Special 6:15a Vaca Rolling Hills 8:00a	13 Coffee and a Roll 8:00a Lake Solano Loop 8:00am 2nd Sat Saunter 10:00a
14 "Show N Go" 8:00a	15 Early Bird Special 6:15a Esparto Tailwinds 8:00a Morrison's Monday 8:00a Club General Mtg 7:00p	16 Mocha Joe's Loop 7:45a Mocha Joe's Loop 8:00a Tuesday Skills Ride 6p Tue/Thu Race Ride 6p	17 Solano Baking Co 7:45a Solano Baking Co 8:00a Women's Weds 9:00a	18 Steady Eddy's 7:45a Steady Eddy's 8:00a Tue/Thu Race Ride 6p Winters Dinner Ride 6p	19 Early Bird Special 6:15a Vaca Rolling Hills 8:00a Newsletter Deadline 5:00p	20 Coffee and a Roll 8:00a 3rd Saturday 9:00a
21	22 Early Bird Special 6:15a Esparto Tailwinds 8:00a Morrison's Monday 8:00a	23 Mocha Joe's Loop 7:45a Mocha Joe's Loop 8:00a Tuesday Skills Ride 6p Tue/Thu Race Ride 6p	24 Solano Baking Co 7:45a Solano Baking Co 8:00a Women's Weds 9:00a	25 Steady Eddy's 7:45a Steady Eddy's 8:00a Tue/Thu Race Ride 6p Winters Dinner Ride 6p	26 Early Bird Special 6:15a Vaca Rolling Hills 8:00a	27 Coffee and a Roll 8:00a Lake Solano Loop 8:00am
28	29 Early Bird Special 6:15a Esparto Tailwinds 8:00a Morrison's Monday 8:00a	30 Mocha Joe's Loop 7:45a Mocha Joe's Loop 8:00a Tuesday Skills Ride 6p Tue/Thu Race Ride 6p	1 Solano Baking Co 7:45a Solano Baking Co 8:00a Women's Weds 9:00a	2 Steady Eddy's 7:45a Steady Eddy's 8:00a Tue/Thu Race Ride 6p	3 Early Bird Special 6:15a Vaca Rolling Hills 8:00a	4 Coffee and a Roll 8:00a

Ride Classifications

Refer to T/P/(distance) on each description title

Unless otherwise specified, all rides begin at the Starbucks, 2038 Lyndell Terrace, across from Sutter Davis Hospital in West Davis. Rain will cancel any ride. If in doubt, call the ride leader. If you would like to lead a ride, please contact John Seabury, Ride Calendar Master. Location of starting points for rides beginning elsewhere will be stated clearly in the ride description. Coordinated transportation to these starting points, if necessary, will be made by the ride leader.

Announced ride time is the time at which the ride starts. Come early to sign in and get maps and/or pre-ride instructions.

* Terrain

1. Flat (Davis to Woodland, Sacramento)
2. Easy/Gentle grade (Antioch Bridge)
3. Rolling (Dunnigan Hills, Auburn Road)
4. Moderate/Easy (Solano to Monticello Dam)
5. Moderate grades (Cardiac/Cantelow)
6. Steep, long grade (Mt. Diablo, Marshall)

* Pace/Speed (on level road)

1. Leisurely/Relaxed (< 10 mph). For families, children, buggers; waits.
2. Tourist (9 to 12 mph). Stops as needed; waits for stragglers.
3. Moderate (12 to 16 mph). Solid riders; regroups every 45 min.
4. Brisk (16-18 mph). Experienced; no obligation to wait.
5. Fast (19-21 mph). Strong riders; few stops; no obligation to wait.
6. Strenuous (21 mph & faster). Very strong riders.

Non-Recurring Rides

Note: Asterisk (*) rides have a starting location other than Starbucks. Consult the ride description for start location.

Cantelow Ride

Sept 1, Monday, 8:00 am T3/P3-4/55 mi
Bill Sbarra, or
bill_sbarra2011@sbcglobal.net
Ride to Winters, then Pleasants Valley Rd via Hwy 128, up and down the west side of Cantelow. Return via Putah Creek Rd with a stop at Steady Eddie's in Winters.

Lake Solano Loop

Sept 13, Saturday, 8:00 am T1-3/P3/45 mi
Julie Sly, 916-201-2790 or
juliesly@aol.com

Start at Starbuck's, ride to Winters and around Lake Solano, with a food/rest stop at Steady Eddy's in Winters before returning to Davis. Option for more miles if the group wants to continue up Pleasants Valley Road to Cantelow Road before returning to Winters. Note the hour earlier start time compared to the spring; this is so everyone enjoys themselves before the summer heat gets too oppressive.

Lake Solano Loop

Sept 27, Saturday, 8:00am T1-3/P3/45 mi
Julie Sly, 916-201-2790 or
juliesly@aol.com
Start at Starbuck's, ride to Winters and around Lake Solano, with a food/rest stop at Steady Eddy's in Winters before returning to Davis. Option for more miles if the group wants to continue up Pleasants Valley Road to Cantelow Road before returning to Winters. Note the hour earlier start time compared to the spring; this is so everyone enjoys themselves before the summer heat gets too oppressive.

Regularly Recurring Rides

Note: Asterisk (*) rides have a starting location other than Starbucks. Consult the ride description for start location.

RH Phillips First Saturday Brunch*

Sep 6, First Saturday, 10:00am T2/P3/45mi
Anne Huber, 530-758-8115 or
ahuber@jsanet.com
Meet at the Woodland Nugget parking lot. This is a lovely ride through rolling hills of northern Yolo County ending up at RH Phillips winery for their monthly brunch. The meal varies each month, and can generally be found on the RH Phillips website. The ride leader may also post it on the DBC listserve. The food plus wine pairing is always delicious. Price has recently risen to \$13, including tax, but you can bring your own lunch if you wish. Possible earlier start time from Davis (to meet with the Woodland crowd) may be announced on the listserve, but the Ride Leader will start the ride from Woodland. Predicted high temperature of 38C (that's 100F for you dinos) may cancel the ride, check the listserve.

"Show & Go" Ride Sept 14

2nd Sunday, 8:00 am T-varies/P-TBD/TBD mi
Glenn Mounkes, 530-220-3513 or
glenmonk@yahoo.com
This ride varies: route, distance and pace will be determined at the Start by the group. The Ride Leader will lobby for wind and/or hills.

3rd Saturday (except May, Oct) Sept 20

3rd Saturday, 9:00 am T1-T5/P3-P4/60 mi
David Joshel, 510-717-5133 or
davidjoshel@hotmail.com
Cantelow, Steiger Hill and Pleasants Valley Roads. Ride together as a group at a pace of 16-20 mph. Optional coffee stop in Winters..

Saturday Coffee and a Roll

Saturdays, 8:00 am T1/P4-5/30 mi
Scott Alumbaugh, or
sea@seadogdesigns.com
A Saturday morning quick out and back to Steady Eddy's in Winters, ending at Davis Farmer's Market. Start at Lyndell Terrace Starbucks. Ride Leader may have occasional absences, so if he hasn't shown up by shortly after 8:00, the ride proceeds.

Esparto Tailwinds

Mondays, 8:00 am T1/P3-5/50 mi
Barry Bolden, 530-297-5123 or
boliverb@dcn.org
North to Esparto with a stop at the Burger Barn, then downhill and a tailwind home. Experience part of the Double Century route as a bonus.

Morrison's Monday Deli

Mondays, 8:00 am T1/P2-3/25 mi
Gerry Peterson or
gnjpeter0856@juno.com
Enjoy a slower paced ride to Morrison's Deli

in Woodland. We will follow the safest roads north to Woodland then add a few additional miles using the most bike friendly streets in Woodland. No rider is ever left behind. The entire group will stop and regroup at each turn.

Mocha Joe's Country Loop

Tuesdays, 7:45 am T1/P3/35 mi
Paul Grant, 530-756-3610 or
pwgrant@mac.com
Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis. A slightly slower pace than the ride beginning at 8:00.

Mocha Joe's Country Loop

Tuesdays, 8:00 am T1/P4-P5/39 mi
Phil Coleman, 530-756-4885 or
pkcoleman@comcast.net
Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis.

Tuesday Evening Skills Ride

Tuesdays, 6:00 pm T1/P5-6/40 mi
Joaquin Feliciano, 530-304-3367 or
joaquin.feliciano@gmail.com
Hosted by the DBC Race Team, the race skills ride is the place to be for cyclists who are looking to get into racing or who want to improve their high speed and group riding skills. This is a friendly, mentored ride led by experienced DBC Race Team members that focuses on pack riding etiquette, rotating pacelines, crosswind echelons, etc. Pace is high but there are numerous regrouping points along the route and nobody gets dropped for long. Each ride starts with introductions and a brief review of the ride format and course before rolling out.

Regularly Recurring Rides (cont.)

Note: Asterisked (*) rides have a starting location other than Starbucks.
Consult the ride description for start location.

Women's Wednesdays*

Wednesdays, 9:00 am T1/P4/20-30mi
Marilyn Dewey, 530-753-9188 or
deweyms@hotmail.com

Meet in front of Wheelworks, 3rd and F Streets, for an easy 1 to 2 hour ride to improve skills and fitness in a low-key, fun environment.

Solano Baking Company

Wednesdays, 7:45 am T1/P3/35 mi
Dan & Sharon Cucinotta, 530-756-1711 or
scucher@comcast.net

Ride south to Dixon past orchards and fields, relax at Solano Baking Company in Dixon before returning to Davis. A slightly slower pace than the ride beginning at 8:00

Solano Baking Company

Wednesdays, 8:00 am T1/P4-P5/39 mi
Phil Coleman, 530-756-4885 or
pkcoleman@comcast.net

Ride south to Dixon past orchards and fields, relax at Solano Baking Company in Dixon before returning to Davis.

Steady Eddy's

Thursdays, 7:45 am T1/P3/30mi
Gerry Peterson, 530-756-1254 or
gnjpeter0856@juno.com

Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis. A slightly slower pace than the ride beginning at 8:00

Steady Eddy's

Thursdays, 8:00 am T1/P4-P5/34 mi
Phil Coleman, 530-756-4885 or
pkcoleman@comcast.net

Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis.

Early Bird Special*

Mon Fri, 6:15 am T1/P3/20mi
Jack Kenward, 530-753-9329 or
kenward2@dcn.org

Meet on the Russell Blvd. bike path between Arlington and Lake. Rain does not cancel this ride.

Winters Dinner Ride*

Thursdays, 6:00 pm T1/P3/30mi
Paul Grant, 530-756-3610 or
pwgrant@mac.com

Meet on the Russell Blvd. bike path at Lake Blvd. Now that June is behind us, we'll need to remember to bring our lights and be sure the battery is fully charged. Come out on this easy-going dinner ride to Winters. Expect friendly conversation. No-one will be left behind!

Vacaville Rolling Hills

Fridays, 8:00 am T3/P5/60mi
Larry Burdick, 530-753-7591 or
larryburdick@netzero.net

Ride with 'The Legend' through the rolling hills to and from Vacaville. Enjoy the goodies at Vacaville's Heritage Cafe.

Race Team Results

by Eduardo Avelar

Race Name	Category	Name	Place
Berkeley Bike Club Crit	35+ 4/5	Brian Halkett	13th
Berkeley Bike Club Crit	35+ 4/5	John Steggall	24th
Berkeley Bike Club Crit	45+	John Steggall	21st
Diamond Valley Road Race	50-54	John Steggall	35th
Diamond Valley Road Race	Elite 3/4/5	Andreas Freund	6th
Diamond Valley Road Race	50-54	Roland Freund	4th
Diamond Valley Road Race	Elite 3/4/5	Michael Matiasek	12th
Fort Ord Road Race	Elite 3	Andreas Freund	4th
Fort Ord Road Race	Elite 3	Roland Freund	25th
Fort Ord Road Race	Elite 4	Michael Matiasek	DNP (Flat)
Timpani Crit	JR 13-14	Alexander Freund	1st
Timpani Crit	JR 15-16	Alexander Freund	8th
Jr. National Time Trial	JR 13-14	Alexander Freund	2nd
Jr. National Time Trial	JR 15-16	Andreas Freund	14th
Jr. National Crit.	JR 13-14	Alexander Freund	22nd
Jr. National Road Race	JR 13-14	Alexander Freund	12th
Jr. National Road Race	JR 15-16	Andreas Freund	44th
Patterson Pass Road Race	W4	Marianne Hernandez	2nd
Patterson Pass Road Race	Elite 4	Michael Matiasek	2nd
Esparto TT	W4	Marianne Hernandez	5th
Esparto TT	Elite 4	Cody Tapley	10th
Leesville Gap Road Race	Elite 4	Michael Matiasek	28th (flat)
Vacaville Crit.	Elite 4/5	Michael Matiasek	15th
Vacaville Crit.	Elite 4	Cody Tapley	21st
4th of July Crit	Elite 4	Cody Tapley	60th
4th of July Crit	Jr open	Cody Tapley	21st
San Rafeal Crit	Elite 4	Cody Tapley	32nd

Sponsors of the DBC Race Team

