

## Important Meetings and Events

### October/November General Membership Meeting

by Karen L. Baker, Vice President

The dearth of meeting space in Davis has required creative scheduling on my part for the next two months. Our next general membership meeting will be held on October 28 at the usual time and place (Blanchard Room at the Davis Library at 7 PM). Because of the U.S. general election and the U.S. Bicycling Hall of Fame Induction Ceremony (Nov. 2) in early November, I am combining the Oct./Nov. Meetings (and yes, I'm listening to all of you who wrote on your survey: "too many meetings!")

Our DBC Race Team will be presenting a recap of its '08 season at the October meeting. Judging by the newsletter reports and Robin Rolles' big grin at the board meetings, I'm guessing the race team had a very good year!

There is a strong possibility of an additional presenter who will be announced on the listserv later this month....for now she/he will have to remain a mystery. Remember, there will be no November General Membership meeting!

We'll have the usual raffle, refreshments, and cookies for the attendees. Hope to see you there!

### Looking Ahead: DBC Holiday/Member Appreciation Party

by Karen L. Baker, Vice President

It may still feel like summer, but plans are in full-swing for the annual December party. This year's party is going to be a bit different; many more details (with a RSVP invitation) will be in our November newsletter.

Here are the details: Date: December 13

Place: Odd Fellows Hall, Davis

Time: Evening (the exact time will be in the next newsletter)

Dinner, Santa and More!

And put on your dancing shoes because MUMBO GUMBO is going to be playing their toe-tapping blend of "big life" music for us!!!

### Volunteer of the Year Award

by Karen L. Baker, Vice President

Each year at the December meeting (holiday party), the DBC announces its Volunteer of the Year Award. If you have ever browsed the window display at B & L Bike Shop, you might have seen the plaque with the past winners' names in the window. Betty Jane Polk and Bill Bernheim are now taking nominations for this honor at [bjpolk@cal.net](mailto:bjpolk@cal.net)

Here's what they are looking for in a nominee: years of service, volunteering on a variety of events, leadership role in the club and commitment to the wider bicycle community in Davis.

Please e-mail Betty Jane for more information or to offer a nomination.

#### Davis Bike Club 2008 Officers and Board Members

President	Dan Shadoan	530-756-9266	<a href="mailto:djshadoan@ucdavis.edu">djshadoan@ucdavis.edu</a>
Vice President	Karen Baker	530-297-5214	<a href="mailto:karenleighbaker@comcast.net">karenleighbaker@comcast.net</a>
Treasurer	Stuart Bresnick	530-756-0420	<a href="mailto:hfstu@omsoft.com">hfstu@omsoft.com</a>
Recording Secretary	Julie Sly	916-201-2790	<a href="mailto:juliesly@aol.com">juliesly@aol.com</a>
Corresponding Secretary	Jackie Boettner	530-753-5159	<a href="mailto:misty_fjord@msn.com">misty_fjord@msn.com</a>
Quartermaster	David Joshel	530-756-7409	<a href="mailto:davidjoshel@hotmail.com">davidjoshel@hotmail.com</a>
Safety Director	Phil Coleman	530-756-4885	<a href="mailto:pkcoleman@comcast.net">pkcoleman@comcast.net</a>
Race Team Director	Robin Rolles	530-383-3187	<a href="mailto:robin.rolles@wavecable.com">robin.rolles@wavecable.com</a>
Philanthropy Director	Steve Kahn	530-758-4083	<a href="mailto:patsteve@pacbell.net">patsteve@pacbell.net</a>
Director-at-Large Double Century	Robin Neuman	530-758-1917	<a href="mailto:roknrobin2@aol.com">roknrobin2@aol.com</a>
Director-at-Large Foxy's Fall Century	John Hess	530-753-2970	<a href="mailto:johnfhess@comcast.net">johnfhess@comcast.net</a>
Director-at-Large Ultra Cycling Events	Paul Guttenberg	530-297-5942	<a href="mailto:cycledad@juno.com">cycledad@juno.com</a>
Newsletter Editor	Temp Pool	530-219-0177	<a href="mailto:dbcnewsletter@gmail.com">dbcnewsletter@gmail.com</a>
Tour Director	Bruce Dewey	530-753-9188	<a href="mailto:bruced@dewspring.com">bruced@dewspring.com</a>
Membership Director	Bruce Winder	530-758-1544	<a href="mailto:dbcmembership@gmail.com">dbcmembership@gmail.com</a>
Public Relations Director	John Whitehead	530-758-8115	<a href="mailto:jcw@dcn.davis.ca.us">jcw@dcn.davis.ca.us</a>

## DBC Ride and Event Calendar

October 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29 Early Bird Special 6:15a Morrison's Monday 9:00a Fast Morrison's Monday 9:00a	30 Mocha Joe's Loop 8:45a Mocha Joe's Loop 9:00a  Tue/Thu Race Ride 5:30p	1 Solano Baking Co 8:45a Solano Baking Co 9:00a Women's Weds 9:00a	2 Steady Eddy's 8:45a Steady Eddy's 9:00a  Tue/Thu Race Ride 5:30p Winters Dinner Ride 6p	3 Early Bird Special 6:15a Vaca Rolling Hills 8:00a Ride Around Town 9:00a	4 Coffee and a Roll 8:00a RH Phillips Brunch 10am
5 Rebecca's Loop* 9:00a	6 Early Bird Special 6:15a Morrison's Monday 9:00a Fast Morrison's Monday 9:00a <b>Board Meeting 7:00p</b>	7 Mocha Joe's Loop 8:45a Mocha Joe's Loop 9:00a  Tue/Thu Race Ride 5:30p	8 Solano Baking Co 8:45a Solano Baking Co 9:00a Women's Weds 9:00a <b>Race Team Mtg. 7:30p</b>	9 <b>Over the Hills 8:00a</b> Steady Eddy's 8:45a Steady Eddy's 9:00a  Tue/Thu Race Ride 5:30p	10 Early Bird Special 6:15a Vaca Rolling Hills 8:00a Ride Around Town 9:00a	11 Coffee and a Roll 8:00a <b>Tiburon Donut Ride* 10:00am</b> 2nd Sat Saunter 10:00a
12 "Show N Go" 8:00a <b>Kidical Mass* 1:00pm</b>	13 Early Bird Special 6:15a Morrison's Monday 9:00a Fast Morrison's Monday 9:00a	14 Mocha Joe's Loop 8:45a Mocha Joe's Loop 9:00a  Tue/Thu Race Ride 5:30p	15 Solano Baking Co 8:45a Solano Baking Co 9:00a Women's Weds 9:00a	16 Steady Eddy's 8:45a Steady Eddy's 9:00a  Tue/Thu Race Ride 5:30p Winters Dinner Ride 6p	17 Early Bird Special 6:15a Vaca Rolling Hills 8:00a Ride Around Town 9:00a	18 Coffee and a Roll 8:00a <b>Foxy's Fall Century!</b>
19 <b>Foxy's Unwind 9:00a</b> <b>Newsletter Deadline 5:00p</b>	20 Early Bird Special 6:15a Morrison's Monday 9:00a Fast Morrison's Monday 9:00a	21 <b>Over the Hills 8:00a</b> Mocha Joe's Loop 8:45a Mocha Joe's Loop 9:00a  Tue/Thu Race Ride 5:30p	22 Solano Baking Co 8:45a Solano Baking Co 9:00a Women's Weds 9:00a	23 Steady Eddy's 8:45a Steady Eddy's 9:00a  Tue/Thu Race Ride 5:30p Winters Dinner Ride 6p	24 Early Bird Special 6:15a Vaca Rolling Hills 8:00a Ride Around Town 9:00a	25 Coffee and a Roll 8:00a
26	27 Early Bird Special 6:15a Morrison's Monday 9:00a Fast Morrison's Monday 9:00a	28 Mocha Joe's Loop 8:45a Mocha Joe's Loop 9:00a <b>Club General Mtg 7:00p</b> Tue/Thu Race Ride 5:30p	29 Solano Baking Co 8:45a Solano Baking Co 9:00a Women's Weds 9:00a	30 Steady Eddy's 8:45a Steady Eddy's 9:00a  Tue/Thu Race Ride 5:30p Winters Dinner Ride 6p	31 Early Bird Special 6:15a Vaca Rolling Hills 8:00a Ride Around Town 9:00a	1 Coffee and a Roll 8:00a

### Ride Classifications

Refer to T/P/(distance) on each description title

Unless otherwise specified, all rides begin at the Starbucks, 2038 Lyndell Terrace, across from Sutter Davis Hospital in West Davis. Rain will cancel any ride. If in doubt, call the ride leader. If you would like to lead a ride, please contact John Seabury, Ride Calendar Master. Location of starting points for rides beginning elsewhere will be stated clearly in the ride description. Coordinated transportation to these starting points, if necessary, will be made by the ride leader.

**Announced ride time is the time at which the ride starts. Come early to sign in and get maps and/or pre-ride instructions.**

#### \* Terrain

1. Flat (Davis to Woodland, Sacramento)
2. Easy/Gentle grade (Antioch Bridge)
3. Rolling (Dunnigan Hills, Auburn Road)
4. Moderate/Easy (Solano to Monticello Dam)
5. Moderate grades (Cardiac/Cantelow)
6. Steep, long grade (Mt. Diablo, Marshall)

#### \* Pace/Speed (on level road)

1. Leisurely/Relaxed (< 10 mph). For families, children, buggers; waits.
2. Tourist (9 to 12 mph). Stops as needed; waits for stragglers.
3. Moderate (12 to 16 mph). Solid riders; regroup every 45 min.
4. Brisk (16-18 mph). Experienced; no obligation to wait.
5. Fast (19-21 mph). Strong riders; few stops; no obligation to wait.
6. Strenuous (21 mph & faster). Very strong riders.

## Non-Recurring Rides

Note: Asterisked (\*) rides have a starting location other than Starbucks. Consult the ride description for start location.

### Rebecca's Loop

Oct 5, Sunday, 9:00 am T1-3/P3-4 40 mi  
Julie Sly, 916-201-2790 or [juliesly@aol.com](mailto:juliesly@aol.com)  
This ride will start in Winters, in the parking lot near Steady Eddy's on Main St. We will ride out Old Winters Road to Allendale Road, follow Timm Road to Cantelow (or some variation of this) and ride the rollers on Gibson Canyon Road. Before we get to Vacaville, we will cross over to Pleasants Valley Road and come back to Winters. Bring food and water as there are no food stops on the ride. Option to climb Cantelow if you want to add more miles. The leader will likely stay P3 pace (14-15 mph) but you may go faster if you know the way. Optional lunch/brunch on the return to Winters at Steady Eddy's or Putah Creek Cafe.

### Over the Hills

Oct 9, Thursday, 8:00 am T1-5/P4-5/60 mi  
Scott Alumbaugh, or [sea@seadogdesigns.com](mailto:sea@seadogdesigns.com)  
This is an occasional hill ride and flat-lander reality check. We'll head over to Cantelow via one route or another, depending on wind. We'll regroup at the top then make our way back to Steady Eddy's for a break before heading home.

### Tiburon Peninsula Donut Ride\*

Oct 11, Sat, 10:30 am T2-3/P3-4/38 mi

Karen Baker, or [karenleighbaker@comcast.net](mailto:karenleighbaker@comcast.net)  
Your humble board members Julie Sly (Secretary) and Karen Baker (V.P.) will host a ride from the Presidio Sports Basement (610 Mason St.) in SF. We'll meet at 10AM (in the Sports Basement parking lot), nosh until 10:30, and then roll across the GG Bridge, through Sausalito, and ride the Paradise loop on the Tiburon Peninsula. Lunch/snack at the Acri Cafe in Tiburon (or bring your own). Car pooling from Davis suggested (use the listserve!). If you want to stay for Fleet Week hoopla in SF, Julie can make suggestions for accommodations (916-201-2790). Questions? E-mail Karen at [karenleighbaker@comcast.net](mailto:karenleighbaker@comcast.net) or Julie at [juliesly@aol.com](mailto:juliesly@aol.com). Rain cancels. (Note from Ride Calendar Coordinator: Amtrak 727 to Richmond, then BART to San Francisco Embarcadero Station, then ride to Sports Basement would be a cool, green way to go.)

### Kidical Mass\*

Oct 12, Sun, 1:00 pm T1/P1/12 mi or less  
Cary & Jennifer Thompson, 530-753-0777 or [caryandjent@sbcglobal.net](mailto:caryandjent@sbcglobal.net)  
Families ride on the Davis Bike Loop - meet on the bike path next to Veterans Hall parking lot. We will stay together with several regroups and with a stop for treats along the way. Options to ride shorter distances if desired. Everyone must wear a helmet. An adult must accompany minors.

### Foxy's Fall Century

Oct 18, Sat T1-5/ P your choice/50 km - 100 mi  
John Hess, or [johnfhess@comcast.net](mailto:johnfhess@comcast.net)  
DBC's premier fall event - the Foxy's Fall Century. Begins at Veterans Memorial Center. Come ride your choice of route from 50 km to 100 miles, or better yet, volunteer to help the event. See the listserve to sign up.

### Foxy's Unwind

Oct 19, Sun, 9:00 am T1/P3-4/40 mi  
John Whitehead, 530-758-8115 or [jcw@dcn.org](mailto:jcw@dcn.org)  
Experience a different route to Winters using part of the Foxy metric route. Whether you need to unwind from being a volunteer or a century rider the previous day, this ride is being offered in case "unwind" also means "without the wind blowing."

### Over the Hills

Oct 21, Tue, 8:00 am T1-5/P4-5/60 mi  
Scott Alumbaugh, or [sea@seadogdesigns.com](mailto:sea@seadogdesigns.com)  
This is an occasional hill ride and flat-lander reality check. We'll head over to Cantelow via one route or another, depending on wind. We'll regroup at the top then make our way back to Steady Eddy's for a break before heading home.

Scott Alumbaugh, or

[sea@seadogdesigns.com](mailto:sea@seadogdesigns.com)

A Saturday morning quick out and back to Steady Eddy's in Winters, ending at Davis Farmer's Market. Start at Lyndell Terrace Starbucks. Ride Leader may have occasional absences, so if he hasn't shown up by shortly after 8:00, the ride proceeds.

### Morrison's Monday Deli (slower)

Mondays, 9:00 am T1/P2-3/25 mi  
Gerry Peterson, 530-756-1254 or [gnjpeter0856@juno.com](mailto:gnjpeter0856@juno.com)  
Following country roads, a shorter ride that will meet up with the faster group at Morrison's Deli in Woodland at around 10:30 am before returning to Davis.

### Morrison's Monday Deli (faster)

Mondays, 9:00 am T1/P4-5/40 mi  
Barry Bolden, 530-297-5123 or

scenery, smell the flowers, and socialize. This is a good ride for those that are new to cycling, for those that are new to the club and would like to know how they would fit in, and for those that just like a leisurely pace. There will be a different ride every month including a local bikeway tour, an architecture tour of old Woodland, perhaps a birding ride and even a pub ride. Spandex and carbon-fiber not required.

### "Show & Go" Ride Oct 5

2nd Sun, 8:00 am T-varies/P-TBD/TBD mi  
Glenn Mounkes, 530-220-3513 or [glenmonk@yahoo.com](mailto:glenmonk@yahoo.com)  
This ride varies: route, distance and pace will be determined at the Start by the group. The Ride Leader will lobby for wind and/or hills.

### Saturday Coffee and a Roll

Saturdays, 8:00 am T1/P4-5/30 mi

## Regularly Recurring Rides

Note: Asterisked (\*) rides have a starting location other than Starbucks. Consult the ride description for start location.

### RH Phillips First Saturday Brunch\*

Oct 4, First Saturday, 10:00am T2/P3/45mi  
Anne Huber, 530-758-8115 or [ahuber@jsanet.com](mailto:ahuber@jsanet.com)  
Meet at the Woodland Nugget parking lot. This is a lovely ride through rolling hills of northern Yolo County ending up at RH Phillips winery for their monthly food and wine pairing. The meal varies each month and its description may be posted on the DBC listserve. Price has varied between \$8 and \$13. You can bring your own lunch if you wish.

### Second Saturday Saunter Oct 11\*

Second Saturday, 10:00 am T1/P2/10-30 mi  
Dutch Martinich, 530-756-8234 or [dmartinich@att.net](mailto:dmartinich@att.net)  
Meet at Aileen Johnson's bench in front of Veteran's Memorial at 14th and B Streets. This is a ride for people that like to look at the

## Regularly Recurring Rides (cont.)

Note: Asterisked (\*) rides have a starting location other than Starbucks. Consult the ride description for start location.

[boliverb@dcn.org](mailto:boliverb@dcn.org)

Following country roads north to the scenic town of Yolo, then returning to Morrison's Deli in Woodland to meet the slower group for a beverage, snack and lively conversation before returning to Davis.

### Mocha Joe's Country Loop

Tuesdays, 8:45 am T1/P3/35 mi  
Paul Grant, 530-756-3610 or [pwgrant@mac.com](mailto:pwgrant@mac.com)

Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis. A slightly slower pace than the ride beginning at 9:00.

### Mocha Joe's Country Loop

Tuesdays, 9:00 am T1/P4-P5/39 mi  
Phil Coleman, 530-756-4885 or [pkcoleman@comcast.net](mailto:pkcoleman@comcast.net)

Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis.

### Women's Wednesdays\*

Wednesdays, 9:00 am T1/P4/20-30mi  
Marilyn Dewey, 530-753-9188 or [deweyms@hotmail.com](mailto:deweyms@hotmail.com)

Meet in front of Wheelworks, 3rd and F Streets, for an easy 1 to 2 hour ride to improve skills and fitness in a low-key, fun environment.

### Solano Baking Company

Wednesdays, 8:45 am T1/P3/35 mi  
Dan & Sharon Cucinotta, 530-756-1711 or [scucher@comcast.net](mailto:scucher@comcast.net)

Ride south to Dixon past orchards and fields, relax at Solano Baking Company in Dixon before returning to Davis. A slightly slower

pace than the ride beginning at 9:00

### Solano Baking Company

Wednesdays, 9:00 am T1/P4-P5/39 mi  
Phil Coleman, 530-756-4885 or [pkcoleman@comcast.net](mailto:pkcoleman@comcast.net)  
Ride south to Dixon past orchards and fields, relax at Solano Baking Company in Dixon before returning to Davis.

### Steady Eddy's

Thursdays, 8:45 am T1/P3/30mi  
Gerry Peterson, 530-756-1254 or [gnjpeter0856@juno.com](mailto:gnjpeter0856@juno.com)  
Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis. A slightly slower pace than the ride beginning at 9:00

### Steady Eddy's

Thursdays, 9:00 am T1/P4-P5/34 mi  
Phil Coleman, 530-756-4885 or [pkcoleman@comcast.net](mailto:pkcoleman@comcast.net)  
Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis.

### Early Bird Special\*

Mon Fri, 6:15 am T1/P3/20mi  
Jack Kenward, 530-753-9329 or [kenward2@dcn.org](mailto:kenward2@dcn.org)  
Meet on the Russell Blvd. bike path between Arlington and Lake. Rain does not cancel this ride.

### Winters Dinner Ride\*

Thursdays, 6:00 pm T1/P3/30mi  
Paul Grant, 530-756-3610 or [pwgrant@mac.com](mailto:pwgrant@mac.com)  
Meet on the Russell Blvd. bike path at Lake Blvd. Now that June is behind us, we'll need to remember to bring our lights and be sure the battery is fully charged. Come out on this easy-going dinner ride to Winters. Expect friendly conversation. No-one will be left behind!

### Vacaville Rolling Hills

Fridays, 8:00 am T3/P5/60mi  
Larry Burdick, 530-753-7591 or [larryburdick@netzero.net](mailto:larryburdick@netzero.net)  
Ride with 'The Legend' through the rolling hills to and from Vacaville. Enjoy the goodies at Vacaville's Heritage Cafe.

### Ride around the Town

Fridays, 9:00 am T1/P2/15-18 mi  
Gerry Peterson, 530-756-1254 or [gnjpeter0856@juno.com](mailto:gnjpeter0856@juno.com)  
The route will include portions of the city-wide greenbelt system, the Village Homes greenway and the designated City of Davis bike route plus a few changes from week to week. The ride will generally finish in the downtown area where riders can enjoy a beverage, a snack and some friendly Davis conversation. This ride will be held on each Friday throughout September and October, 2008. We have organized this ride in response to many requests from DBC members for more leisurely rides during the week. If there is sufficient participation the ride will continue throughout the year.

(Continued from page 2)

maintain a consistent pattern of politely rejecting their invitations to ride with them. I didn't know how long I could continue with the struggle. Something deep inside nagged at me night and day. I wanted to ride, but there was a pending doom that seemed to lie ahead of me. It was mentioned in the stories of my new friends and the Thing that waited in the Southwest haunted me like a corn field from a King novel. I knew if I decided to make the commitment I'd realize it.

All Rides Lead to Cantelow.

And so now, with all this said, I want to give thanks. From the very center of my conflicted spirit, after nearly 45 years of making it a point to avoid Participation and all its risks of humiliation, personal failure, and chances of having a complete, clipped-in and panicking freak-out of crippling doubt, a secret, bitter resentment whenever I heard the Team's favorite four-letter acronym, I want to thank everyone in, of and connected to The DBC Race Team. Your unconditional positive regard for one another and commitment to make The Team what it's become, along with your dedication to contribute, not only to the General Club but to our entire community, has been amazing to me. The fact that you've let me be a part of it, with all my C.S. excuses and reasons for non-participation. (Hey, I served ice cream at the Foxy after-ride dinner!) Those who occasionally neglect their important responsibilities in order to have a little fun getting dropped out in the middle of nowhere have truly inspired me to go out and try getting dropped a few times myself. Don't feel sorry for me if I'm out there alone or if you see that I'm crying in my lemonade at Steady Eddie's. I'm doing what the acronym is telling me to do and I think I'll be doing a bit less laundry from now on, which will be all your fault.

Carolyn and Kevin, you have no idea how much your support, patience and encouragement on that beautiful, damn hill last Sunday morning inspired me to overcome my own debilitating obstacles. I can't imagine there is anything left for me to panic about. Thank you.