

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27 Early Bird Special 6:15a Morrison's Monday 9:00a Fast Morrison Monday9a	28 Mocha Joe's Loop 8:45a Mocha Joe's Loop 9:00a  <b>Club General Meeting 7:00pm</b>	29 Solano Baking Co 8:45a Solano Baking Co 9:00a Women's Weds 9:00a	30 Steady Eddy's 8:45a Steady Eddy's 9:00a  Winters Dinner Ride 6p	31 Early Bird Special 6:15a Vaca Rolling Hills 8:00a Ride Around Town 9:00a	1 Coffee and a Roll 9:00a  RH Phillips Brunch 10am  <b>Salmon Spawning Ride* 8:40am</b>
2 <b>Giro d' Vino* 9:00am</b>  <b>Capay Valley Social* 9:15a</b>  <b>Sunday No Drop 9:00am</b>	3 Early Bird Special 6:15a Morrison's Monday 9:00a Fast Morrison Monday9a  <b>No General Club Meeting!</b>	4 Mocha Joe's Loop 8:45a Mocha Joe's Loop 9:00a  <b>Over the Hills 8:00am</b>	5 Solano Baking Co 8:45a Solano Baking Co 9:00a Women's Weds 9:00a  <b>Race Team Meeting 7:30p</b>	6 Steady Eddy's 8:45a Steady Eddy's 9:00a  Winters Dinner Ride 6p	7 Early Bird Special 6:15a Vaca Rolling Hills 8:00a Ride Around Town 10am	8 <b>Burrito Brothers* 9:00am</b> <b>Lake Solano Loop 9:00am</b>  Coffee and a Roll 9:00a 2nd Sat Saunter 10:00a
9 "Show N Go" 8:00a  <b>Sunday No Drop 9:00am</b>	10 Early Bird Special 6:15a Morrison's Monday 9:00a Fast Morrison Monday9a  <b>Board Meeting 7:00p</b>	11 Mocha Joe's Loop 8:45a Mocha Joe's Loop 9:00a	12 Solano Baking Co 8:45a Solano Baking Co 9:00a Women's Weds 9:00a	13 Steady Eddy's 8:45a Steady Eddy's 9:00a  Winters Dinner Ride 6p	14 Early Bird Special 6:15a Vaca Rolling Hills 8:00a Ride Around Town 10am	15 Coffee and a Roll 9:00a Third Saturday 9:00a
16  <b>Sunday No Drop 9:00am</b>	17 Early Bird Special 6:15a Morrison's Monday 9:00a Fast Morrison Monday9a	18 Mocha Joe's Loop 8:45a Mocha Joe's Loop 9:00a  <b>Over the Hills 8:00am</b>	19 Solano Baking Co 8:45a Solano Baking Co 9:00a Women's Weds 9:00a	20 Steady Eddy's 8:45a Steady Eddy's 9:00a  <b>Newsletter Deadline 5:00p</b> Winters Dinner Ride 6p	21 Early Bird Special 6:15a Vaca Rolling Hills 8:00a Ride Around Town 10am	22 Coffee and a Roll 9:00a
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## Ride Classifications

Refer to T/P/(distance) on each description title

*Unless otherwise specified, all rides begin at the Starbucks, 2038 Lyndell Terrace, across from Sutter Davis Hospital in West Davis.* Rain will cancel any ride. If in doubt, call the ride leader. If you would like to lead a ride, please contact John Seabury, Ride Calendar Master. Location of starting points for rides beginning elsewhere will be stated clearly in the ride description. Coordinated transportation to these starting points, if necessary, will be made by the ride leader.

*Announced ride time is the time at which the ride starts. Come early to sign in and get maps and/or pre-ride instructions.*

### \* Terrain

1. Flat (Davis to Woodland, Sacramento)
2. Easy/Gentle grade (Antioch Bridge)
3. Rolling (Dunnigan Hills, Auburn Road)
4. Moderate/Easy (Solano to Monticello Dam)
5. Moderate grades (Cardiac/Cantelow)
6. Steep, long grade (Mt. Diablo, Marshall)

### \* Pace/Speed (on level road)

1. Leisurely/Relaxed (< 10 mph). For families, children, buggers; waits.
2. Tourist (9 to 12 mph). Stops as needed; waits for stragglers.
3. Moderate (12 to 16 mph). Solid riders; regroups every 45 min.
4. Brisk (16-18 mph). Experienced; no obligation to wait.
5. Fast (19-21 mph). Strong riders; few stops; no obligation to wait.
6. Strenuous (21 mph & faster). Very strong riders.

## Non-Recurring Rides

Note: Asterisked (\*) rides have a starting location other than Starbucks.  
Consult the ride description for start location.

### Saturday Salmon Spawning Ride\*

Nov 1, Sat, 8:40 am T1/P3/45+ mi  
Ted Sommer, 530-758-6806 or  
[cyclelovers@sbcglobal.net](mailto:cyclelovers@sbcglobal.net)

See the salmon spawn! Meet at Davis Amtrak Station, where we catch the 8:52 am train to Sacramento. Ride the American River Bike Trail to Nimbus Dam, where your fish biologist ride leader may rant about the salmon run. Optional food stop in Folsom. Spawning colors (RED) encouraged for all riders! Bring money and ID for the train. Cheaper tickets are available if we buy blocks of ten (5 riders RT).

### Giro d' Vino\*

Nov 2, Sun, 9:00 am T1/P ?/50-100K  
Ride begins and ends in Acampo, near Lodi. This is NOT a DBC Jersey Ride, but it's a great one and one of your humble Ride Calendar Coordinator's favorites. The rest stops are plentiful and at wineries, and if you buy some wine the ride organizers will sag it back to the start/finish for you. Live music and food at the end. Life doesn't get much better (unless someday there comes a Giro d' Brewski ...). Especially good for tandems - the Captain drives, and the Stoker pedals, drinks and giggles. Enjoy the sleepy country roads in the Woodbridge/Lodi/Lockeford area, the beautiful vineyards and the local wineries while benefiting the fight against cancer. See [http://www.deltavelo.com/ giro\\_d\\_vino.html](http://www.deltavelo.com/ giro_d_vino.html) for more information.

### Capay Valley Social\*

Nov 2, Sunday, 9:15am T2/P3-4 /54 mi  
Joe Lynch, 530-304-8471 or

[joelynch@wavecable.com](mailto:joelynch@wavecable.com)

(Be aware-Daylight Savings ends at 2am before the ride so enjoy the extra hour of sleep)

Cache Creek Casino north parking lot  
Ride the bucolic Capay Valley and Rumsey Canyon at a social pace (15-16mph), with frequent regroupings. The out and back route starts at the Cache Creek Casino and runs north on Highway 16 to the turnaround at Highway 20. Mostly flat in the Capay Valley with mostly rollers in the Rumsey Canyon. In conjunction with the NorCal Bike Forum. Water may not be available en route so be prepared. Rain cancels.

### Over the Hills

Nov 4, Tuesday, 8:00 am T1-5/P4-5/60 mi  
Scott Alumbaugh, or  
[sea@seadogdesigns.com](mailto:sea@seadogdesigns.com)

This is an occasional hill ride and flat-lander reality check. We'll head over to Cantelow via one route or another, depending on wind. We'll regroup at the top then make our way back to Steady Eddy's for a break before heading home.

### Lake Solano Loop

Nov 8, Saturday, 9:00 am T1-3/P3/45 mi  
Julie Sly, 916-201-2790 or  
[Juliesly@aol.com](mailto:Juliesly@aol.com)

Start at Starbuck's, ride to Winters and around Lake Solano, with a food/rest stop at Steady Eddy's in Winters before returning to Davis. Option for more miles if the group wants to continue up Pleasants Valley Road to Cantelow Road before return-

ing to Winters. Now that the summer heat is behind us, we'll start at the more humane hour of 9:00.

### Burrito Brothers Ride\*

Nov 8, Saturday, 9:00am T3/P4-5/50+ mi  
Steve Macaulay, or  
[macaulay.steve@gmail.com](mailto:macaulay.steve@gmail.com)

Meet in front of Three Palms Nursery at 9:00 am (end of Russell Blvd. bike trail). Alternative meeting location is Rancho Macaulay at 8:45 am. This will be a nice fall spin in some of the Club's favorite areas: the 4 S roads, English Hills, Steiger Hill, Gibson Canyon, Pleasants Valley and Putah Creek. This ride started 5 years ago as Tim and Steve began a successful search for burritos while the sun went down. This daytime version will not stop for burritos, but will include a lunch stop at Steady Eddy's. Tandems may be present, cameras always welcome. Rain cancels; wind ... well, that depends.

### Over the Hills

Nov 18, Tue, 8:00 am T1-5/P4-5/60 mi  
Scott Alumbaugh, or  
[sea@seadogdesigns.com](mailto:sea@seadogdesigns.com)

This is an occasional hill ride and flat-lander reality check. We'll head over to Cantelow via one route or another, depending on wind. We'll regroup at the top then make our way back to Steady Eddy's for a break before heading home.

## Regularly Scheduled Rides

Note: Asterisked (\*) rides have a starting location other than Starbucks.  
Consult the ride description for start location.

### RH Phillips First Saturday Brunch\*

Nov 1, First Saturday, 10:00am T2/P3/45mi  
Anne Huber, 530-758-8115 or  
[ahuber@jsanet.com](mailto:ahuber@jsanet.com)

Meet at the Woodland Nugget parking lot. This is a lovely ride through rolling hills of northern Yolo County ending up at RH Phillips winery for their monthly food and wine pairing. The meal varies each month and its description may be posted on the DBC listserve. Price has varied between \$8 and \$13. You can bring your own lunch if you wish.

### Second Saturday Saunter Nov 8th\*

Second Saturday, 10:00 am T1/P2/10-30 mi  
Dutch Martinich, 530-756-8234 or  
[dmartinich@att.net](mailto:dmartinich@att.net)

Meet at Aileen Johnson's bench in front of Veteran's Memorial at 14th and B Streets. This is a ride for people that like to look at the scenery, smell the flowers, and socialize. This is a good ride for those that are new to cycling, for those that are new to the club and would like to know how they would fit in, and for those that just like a leisurely pace. There will be a different ride every month including a local bikeway tour, an architecture tour of old Woodland, perhaps a birding ride and even a pub ride. Spandex and carbon-fiber not required.

### "Show & Go" Ride Nov 9th

2nd Sun, 8:00 am T-varies/P-TBD/TBD mi  
Glenn Mounkes, 530-220-3513 or  
[glenmonk@yahoo.com](mailto:glenmonk@yahoo.com)

This ride varies: route, distance and pace will be determined at the Start by the group. The Ride Leader will lobby for wind and/or hills.

### 3rd Saturday

Sat, Nov 15, 9:00 am T1-T5/P4-P5/60 mi  
David Joshel, 510-717-5133 or  
[davidjoshel@hotmail.com](mailto:davidjoshel@hotmail.com)  
Cantelow, Steiger Hill and Pleasants Valley Roads. Ride together as a group at a pace of 16-20 mph. Optional coffee stop in Winters.

### Saturday Coffee and a Roll

Saturdays, 9:00 am T1/P4-5/30 mi  
Gary Button, or [lfastbiker@sbcglobal.net](mailto:lfastbiker@sbcglobal.net)  
A Saturday morning quick out and back to Steady Eddy's in Winters, ending at Davis

## Regularly Recurring Rides (cont.)

Note: Asterisked (\*) rides have a starting location other than Starbucks. Consult the ride description for start location.

Farmer's Market. May go longer depending upon consensus. Start at Lyndell Terrace Starbucks. Note new start time for the winter.

### Sunday Morning Ride NO DROP

Sundays, 9:00 am T1/P3-low 4 /34 mi  
Alan Hill, 530-792-8900 or  
[arhill8711@aol.com](mailto:arhill8711@aol.com)

Co-leaders are Alan Hill, Stu Bresnick, and Steve Kahn. Call ahead @ 792-8900 for free coffee.

### Morrison's Monday Deli (slower)

Mondays, 9:00 am T1/P2-3/25 mi  
Gerry Peterson, 530-756-1254 or  
[gnjpeter0856@juno.com](mailto:gnjpeter0856@juno.com)

Following country roads, a shorter ride that will meet up with the faster group at Morrison's Deli in Woodland at around 10:30 am before returning to Davis.

### Morrison's Monday Deli (faster)

Mondays, 9:00 am T1/P4-5/40 mi  
Barry Bolden, 530-297-5123 or  
[boliverb@dcn.org](mailto:boliverb@dcn.org)

Following country roads north to the scenic town of Yolo, then returning to Morrison's Deli in Woodland to meet the slower group for a beverage, snack and lively conversation before returning to Davis.

### Mocha Joe's Country Loop

Tuesdays, 8:45 am T1/P3/35 mi  
Paul Grant, 530-756-3610 or  
[pwgrant@mac.com](mailto:pwgrant@mac.com)

Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis. A slightly slower pace than the ride beginning at 9:00.

### Mocha Joe's Country Loop

Tuesdays, 9:00 am T1/P4-P5/39 mi  
Phil Coleman, 530-756-4885 or  
[pkcoleman@comcast.net](mailto:pkcoleman@comcast.net)

Ride past the fields and orchards to the west and south before enjoying a treat at Mocha

Joe's in South Davis.

### Women's Wednesdays\*

Wednesdays, 9:00 am T1/P4/20-30mi  
Marilyn Dewey, 530-753-9188 or  
[deweyms@hotmail.com](mailto:deweyms@hotmail.com)

Meet in front of Wheelworks, 3rd and F Streets, for an easy 1 to 2 hour ride to improve skills and fitness in a low-key, fun environment.

### Solano Baking Company

Wednesdays, 8:45 am T1/P3/35 mi  
Dan & Sharon Cucinotta, 530-756-1711 or  
[scucher@comcast.net](mailto:scucher@comcast.net)

Ride south to Dixon past orchards and fields, relax at Solano Baking Company in Dixon before returning to Davis. A slightly slower pace than the ride beginning at 9:00

### Solano Baking Company

Wednesdays, 9:00 am T1/P4-P5/39 mi  
Phil Coleman, 530-756-4885 or  
[pkcoleman@comcast.net](mailto:pkcoleman@comcast.net)

Ride south to Dixon past orchards and fields, relax at Solano Baking Company in Dixon before returning to Davis.

### Steady Eddy's

Thursdays, 8:45 am T1/P3/30mi  
Gerry Peterson, 530-756-1254 or  
[gnjpeter0856@juno.com](mailto:gnjpeter0856@juno.com)

Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis. A slightly slower pace than the ride beginning at 9:00

### Steady Eddy's

Thursdays, 9:00 am T1/P4-P5/34 mi  
Phil Coleman, 530-756-4885 or  
[pkcoleman@comcast.net](mailto:pkcoleman@comcast.net)

Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis.

### Early Bird Special\*

Mon Fri, 6:15 am T1/P3/20mi  
Jack Kenward, 530-753-9329 or  
[kenward2@dcn.org](mailto:kenward2@dcn.org)

Meet on the Russell Blvd. bike path between Arlington and Lake. Rain does not cancel this ride.

### Winters Dinner Ride\*

Thursdays, 6:00 pm T1/P3/30mi  
Paul Grant, 530-756-3610 or  
[pwgrant@mac.com](mailto:pwgrant@mac.com)

Meet on the Russell Blvd. bike path at Lake Blvd. Now that June is behind us, we'll need to remember to bring our lights and be sure the battery is fully charged. Come out on this easy-going dinner ride to Winters. Expect friendly conversation. No-one will be left behind!

### Vacaville Rolling Hills

Fridays, 8:00 am T3/P5/60mi  
Larry Burdick, 530-753-7591 or  
[larryburdick@netzero.net](mailto:larryburdick@netzero.net)

Ride with 'The Legend' through the rolling hills to and from Vacaville. Enjoy the goodies at Vacaville's Heritage Cafe.

### Ride around the Town\*

Fridays, 10:00 am T1/P2/15-18 mi  
Gerry Peterson, 530-756-1254 or  
[gnjpeter0856@juno.com](mailto:gnjpeter0856@juno.com)

Ride starts at Vet's Memorial Auditorium, co-leaders are Gerry Peterson and Dutch Martinich ([dmartinich@att.net](mailto:dmartinich@att.net)). Route changes weekly but always includes portions of the citywide greenbelt system, Village Homes greenway, and the City of Davis bike route. We finish in the downtown area and stop for a beverage and snack if the riders are interested. Fierce winds and/or rain will cancel ride. Contact either leader if in doubt about the weather.