

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30 Sunday No Drop 9:00am	1 Early Bird Special 6:15am Morrison's Monday 9:00a Fast Morrison Monday9a	2 Mocha Joe's Loop 8:45am Mocha Joe's Loop 9:00am	3 Solano Baking Co 8:45a Solano Baking Co 9:00a Women's Weds 9:00a <u>Race Team Meeting</u> 7:30p	4 Steady Eddy's 8:45a Steady Eddy's 9:00a Winters Dinner Ride 6p	5 Early Bird Special 6:15a Vaca Rolling Hills 8:00a Ride Around Town 9:00a	6 Coffee and a Roll 9:00a RH Phillips Brunch 10am
7 <u>California International</u> <u>Marathon 8:30am</u> Sunday No Drop 9:00am	8 Early Bird Special 6:15am Morrison's Monday 9:00a Fast Morrison Monday9a <u>Board Meeting 7:00pm</u>	9 Mocha Joe's Loop 8:45am Mocha Joe's Loop 9:00am	10 Solano Baking Co 8:45a Solano Baking Co 9:00a Women's Weds 9:00a	11 Steady Eddy's 8:45a Steady Eddy's 9:00a Winters Dinner Ride 6p	12 Early Bird Special 6:15a Vaca Rolling Hills 8:00a Ride Around Town 10am	13 <u>Lake Solano Loop</u> <u>9:00am</u> Coffee and a Roll 9:00a 2nd Sat Saunter 10:00a <u>DBC Holiday Party</u> 6:00pm
14 "Show N Go" 8:00am Sunday No Drop 9:00am	15 Early Bird Special 6:15am Morrison's Monday 9:00a Fast Morrison Monday9a	16 Mocha Joe's Loop 8:45am Mocha Joe's Loop 9:00am	17 Solano Baking Co 8:45a Solano Baking Co 9:00a Women's Weds 9:00a	18 Steady Eddy's 8:45a Steady Eddy's 9:00a Winters Dinner Ride 6p	19 Early Bird Special 6:15a Vaca Rolling Hills 8:00a Ride Around Town 10am	20 Coffee and a Roll 9:00a <u>Winter Solstice</u> 12:00pm <u>Newsletter Deadline</u> 5:00pm
21	22 Early Bird Special 6:15am Morrison's Monday 9:00a Fast Morrison Monday9a	23 Mocha Joe's Loop 8:45am Mocha Joe's Loop 9:00am	24 Solano Baking Co 8:45a Solano Baking Co 9:00a Women's Weds 9:00a	25 Steady Eddy's 8:45a Steady Eddy's 9:00a Winters Dinner Ride 6p	26 Early Bird Special 6:15a Vaca Rolling Hills 8:00a Ride Around Town 10am	27 Coffee and a Roll 9:00a <u>Virtual Twin Half-</u> <u>Century 10:00am</u>
28	29 Early Bird Special 6:15am Morrison's Monday 9:00a Fast Morrison Monday9a	30 Mocha Joe's Loop 8:45am Mocha Joe's Loop 9:00am	31 Solano Baking Co 8:45a Solano Baking Co 9:00a Women's Weds 9:00a	1 Steady Eddy's 8:45a Steady Eddy's 9:00a Winters Dinner Ride 6p	2 Early Bird Special 6:15a Vaca Rolling Hills 8:00a Ride Around Town 10am	3 Coffee and a Roll 9:00a

Ride Classifications

Refer to T/P/(distance) on each description title

Unless otherwise specified, all rides begin at the Starbucks, 2038 Lyndell Terrace, across from Sutter Davis Hospital in West Davis. Rain will cancel any ride. If in doubt, call the ride leader. If you would like to lead a ride, please contact John Seabury, Ride Calendar Master. Location of starting points for rides beginning elsewhere will be stated clearly in the ride description. Coordinated transportation to these starting points, if necessary, will be made by the ride leader.

Announced ride time is the time at which the ride starts. Come early to sign in and get maps and/or pre-ride instructions.

* Terrain

1. Flat (Davis to Woodland, Sacramento)
2. Easy/Gentle grade (Antioch Bridge)
3. Rolling (Dunnigan Hills, Auburn Road)
4. Moderate/Easy (Solano to Monticello Dam)
5. Moderate grades (Cardiac/Cantelow)
6. Steep, long grade (Mt. Diablo, Marshall)

* Pace/Speed (on level road)

1. Leisurely/Relaxed (< 10 mph). For families, children, buggers; waits.
2. Tourist (9 to 12 mph). Stops as needed; waits for stragglers.
3. Moderate (12 to 16 mph). Solid riders; regroups every 45 min.
4. Brisk (16-18 mph). Experienced; no obligation to wait.
5. Fast (19-21 mph). Strong riders; few stops; no obligation to wait.
6. Strenuous (21 mph & faster). Very strong riders.

Non-Recurring Rides

Note: Asterisked (*) rides have a starting location other than Starbucks.
Consult the ride description for start location.

California International Marathon*

December 7, Sunday, 8:30 am

T1/P4/40 mi

John Whitehead, 530-758-8115 or

jcw@den.org

Meet at Veterans Memorial Center, 14th and B Streets, or contact the ride leader to join us further east. Ride to Sacramento and experience the festive atmosphere of the California International Marathon, including closed streets, roadside musicians, and zillions of people running or not. This is a rare opportunity for a car-free urban cycling-walking adventure.

Lake Solano Loop

December 13, Saturday, 9:00 am

T1-3/P3/45 mi

Julie Sly, 916-201-2790 or

Juliesly@aol.com

Start at Starbuck's, ride to Winters and around Lake Solano, with a food/rest stop at Steady Eddy's in Winters before returning to Davis. Option for more miles if the group wants to continue up Pleasants Valley Road to Cantelow Road before returning to Winters.

DBC Holiday Party*

December 13, Saturday, 6:00 pm

T0/P0/0 mi Karen Baker, or

http://www.seadogdesigns.com/dbc/2008_holiday_party_rsvp

The DBC 2008 holiday party starts and ends at the Odd Fellows Hall in beautiful

downtown Davis (Dan and Dick, eat your hearts out). It's a combination thank-you and celebration. Please join us! Buffet dinner from Buckhorn (tri-tip, chicken, vegetarian, tasty side dishes and all those fabulous desserts). After the election of our 2009 DBC Board (and who needs another election after that last one?) and a visit from Santa, we've got MUMBO GUMBO playing their "big life" music for the rest of the evening!! The party is open and free to all current DBC members. Only those who RSVP will be admitted; we need an accurate head count for the caterer and for room set-up. You can RSVP one of two ways: online (see link attached) or via snail mail to Karen L. Baker, 4235 Frontera Dr., Davis, CA 95618. Respond by December 3rd.

Special Edition "Third Saturday" Ride - Winter Solstice Ride

December 20, Saturday, 12:00 pm

T1-4/P3-4NO DROP/50 mi

David Joshel, 530-717-5133 or

davidjoshel@hotmail.com

Celebrate the shortest day of the year. Sunset is at 4:45, so we'll be home before dark. 50 miles, no drop group ride. Stop in Winters for coffee, snacks. Rain cancels.

Virtual Twin Half Century*

December 27, Saturday, 10:00 am

T5/P3-4/50 mi

Diana Taylor, 510-753-7136 or

diana-taylor@sbcglobal.net

Meet at Lake and Russell for a warm mid-day winter ride to a view from the top of Cantelow, then lunch in Winters. Co-led by John Whitehead. A mile per year will commemorate a pair of 50th birthdays not a fortnight apart, on a day betwixt the two. This ride will regroup like P3 and will reach P4 speeds.

Calistoga Tour

December 28-30, Sun-Tues, 7:00 am

T5/P3/65+?+65

Paul Grant, 510-756-3610 or

pwgrant@mac.com

Back by popular demand, Paul Grant's Calistoga Tour. Over on Sunday, optional ride on Monday, return on Tuesday. Make your own reservation at the Best Western Stevenson Manor Inn in Calistoga. www.bestwestern.com or (800)780-7234. As of press time there are a wide variety of rooms available. Note the different discounts that they have. This motel has a pool, a hot tub and a sauna, most welcome after riding in from Davis. If you are planning to go on this tour, or if you have questions please the Ride Leader. More detailed information as the time grows near.

Regularly Scheduled Rides

Note: Asterisked (*) rides have a starting location other than Starbucks.
Consult the ride description for start location.

RH Phillips First Saturday Brunch*

Dec 6th, First Saturday, 10:00am T2/P3/45mi

Anne Huber, 530-758-8115 or

ahuber@jsanet.com

Meet at the Woodland Nugget parking lot. This is a lovely ride through rolling hills of northern Yolo County ending up at RH Phillips winery for their monthly food and wine pairing. The meal varies each month and its description may be posted on the DBC listserv. Price has varied between \$8 and \$13. You can bring your own lunch if you wish.

Second Saturday Saunter Dec 13th*

Second Saturday, 10:00 am T1/P2/10-30 mi

Dutch Martinich, 530-756-8234 or

dmartinich@att.net

Meet at Aileen Johnson's bench in front of Veteran's Memorial at 14th and B Streets. This is a ride for people that like to look at the

scenery, smell the flowers, and socialize. This is a good ride for those that are new to cycling, for those that are new to the club and would like to know how they would fit in, and for those that just like a leisurely pace. There will be a different ride every month including a local bikeway tour, an architecture tour of old Woodland, perhaps a birding ride and even a pub ride. Spandex and carbon-fiber not required.

"Show & Go" Ride Dec 14th

2nd Sun, 9:00 am T-varies/P-TBD/TBD mi

Glenn Mounkes, 530-220-3513 or

glenmonk@yahoo.com

This ride varies: route, distance and pace will be determined at the Start by the group. The Ride Leader will lobby for wind and/or hills.

Saturday Coffee and a Roll

Saturdays, 9:00 am T1/P4-5/30 mi

Gary Button, 916-454-1679 or

lfastbiker@sbcglobal.net

A Saturday morning quick out and back to Steady Eddy's in Winters, ending at Davis Farmer's Market. May go longer depending upon consensus. Start at Lyndell Terrace Starbucks. Note new start time for the winter.

Sunday Morning Ride NO DROP

Sundays, (Dec 7th & 14th only) 9:00 am

T1/P3-low 4 /34 mi

Alan Hill, 530-792-8900 or

arhill8711@aol.com

Co-leaders are Alan Hill, Stu Bresnick, and Steve Kahn. Call ahead @ 792-8900 for free coffee.

Regularly Recurring Rides (cont.)

Note: Asterisked (*) rides have a starting location other than Starbucks. Consult the ride description for start location.

Morrison's Monday Deli (slower)

Mondays, 9:00 am T1/P2-3/25 mi
Gerry Peterson, 530-756-1254 or
gnjpeter0856@juno.com

Following country roads, a shorter ride that will meet up with the faster group at Morrison's Deli in Woodland at around 10:30 am before returning to Davis.

Morrison's Monday Deli (faster)

Mondays, 9:00 am T1/P4-5/40 mi
Barry Bolden, 530-297-5123 or
boliverb@dcn.org

Following country roads north to the scenic town of Yolo, then returning to Morrison's Deli in Woodland to meet the slower group for a beverage, snack and lively conversation before returning to Davis.

Mocha Joe's Country Loop (slower)

Tuesdays, 8:45 am T1/P3/35 mi
Paul Grant, 530-756-3610 or
pwgrant@mac.com

Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis. A slightly slower pace than the ride beginning at 9:00.

Mocha Joe's Country Loop (faster)

Tuesdays, 9:00 am T1/P4-P5/39 mi
Phil Coleman, 530-756-4885 or
pkcoleman@comcast.net

Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis.

Women's Wednesdays*

Wednesdays, 9:00 am T1/P4/20-30mi
Marilyn Dewey, 530-753-9188 or
deweyms@hotmail.com

Meet in front of Wheelworks, 3rd and F Streets, for an easy 1 to 2 hour ride to improve skills and fitness in a low-key, fun environment.

Solano Baking Company (slower)

Wednesdays, 8:45 am T1/P3/35 mi
Dan & Sharon Cucinotta, 530-756-1711 or
scucher@comcast.net

Ride south to Dixon past orchards and fields, relax at Solano Baking Company in Dixon before returning to Davis. A slightly slower pace than the ride beginning at 9:00

Solano Baking Company (faster)

Wednesdays, 9:00 am T1/P4-P5/39 mi
Phil Coleman, 530-756-4885 or
pkcoleman@comcast.net

Ride south to Dixon past orchards and fields, relax at Solano Baking Company in Dixon before returning to Davis.

Steady Eddy's (slower)

Thursdays, 8:45 am T1/P3/30mi
Gerry Peterson, 530-756-1254 or
gnjpeter0856@juno.com

Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis. A slightly slower pace than the ride beginning at 9:00

Steady Eddy's (faster)

Thursdays, 9:00 am T1/P4-P5/34 mi
Phil Coleman, 530-756-4885 or
pkcoleman@comcast.net

Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis.

Early Bird Special*

Mon Fri, 6:15 am T1/P3/20mi
Jack Kenward, 530-753-9329 or
kenward2@dcn.org

Meet on the Russell Blvd. bike path between Arlington and Lake. Rain does not cancel this ride.

Winters Dinner Ride*

Thursdays, 6:00 pm T1/P3/30mi
Paul Grant, 530-756-3610 or
pwgrant@mac.com

Meet on the Russell Blvd. bike path at Lake Blvd. Now that June is behind us, we'll need to remember to bring our lights and be sure the battery is fully charged. Come out on this easy-going dinner ride to Winters. Expect friendly conversation. No-one will be left behind!

Vacaville Rolling Hills

Fridays, 9:00 am T3/P5/60mi
Larry Burdick, 530-753-7591 or
larryburdick@netzero.net

Ride with 'The Legend' through the rolling hills to and from Vacaville. Enjoy the goodies at Vacaville's Heritage Cafe.

Ride around the Town*

December, Fridays, 10:00 am
T1/P2/15-18 mi
Dutch Martinich, 530-756-8234 or
dmartinich@att.net

Ride starts at Vet's Memorial Auditorium, co-leaders are Dutch Martinich and Gerry Peterson, 530-756-1254 or gnjpeter0856@juno.com. Route changes weekly but always includes portions of the citywide greenbelt system and the City of Davis bike route. Ride finishes in the downtown area and stops for refreshments if the riders are interested. Contact either leader if in doubt about the weather.

Leading a Club ride is a great way to highlight a unique ride you've done and to share it with other Club members?

Just contact our ride calendar specialist, John Seabury.
dbcridecalendar@gmail.com

Century of the Month Plans for 2009

Starting in January 2009 an organized Century of the Month Ride will be organized by Adam Bridge.

The ride will have an unusual schedule. On odd-numbered months it will happen on the 2nd Saturday of the month while on even-numbered months it will happen on the 2nd Friday.

The ride will begin at 8 AM at the Nugget Market seating area at Oak Tree Plaza, corner of Covell Blvd and Pole Line Rd. The route of each ride will be determined by weather/wind conditions. Pace will be P3-4. Periodic (as frequent as required) regrouping will occur. P4 riders may by consent choose to separate from P3 riders. Regrouping will always be required. There is no formal SAG support so the individuals should be prepared to help each other out. Cell phones are recommended. At least one stop for food will be planned for every ride.

Other riders may choose to follow the same route at other times and are encouraged to do so as the need requires.

For more information contact Adam Bridge at 530.753.6802 or via e-mail at abridge@gmail.com.