

DBC Ride and Event Calendar

Lead a ride! Contact: dbcridecalendar@gmail.com

January 2009

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|---|--|--|---|---|---|
| 28 Sunday No Drop 9:00am | 29 Early Bird Special 6:15am Morrison's Monday 9:00a Fast Morrison Monday9a | 30 Mocha Joe's Loop 8:45am Mocha Joe's Loop 9:00am | 31 Solano Baking Co 8:45a Solano Baking Co 9:00a Women's Weds 9:00a | 1 Steady Eddy's 8:45a Steady Eddy's 9:00a <u>Round the Mountain</u> 10:00am Winters Dinner Ride 6p | 2 Early Bird Special 6:15a Vaca Rolling Hills 8:00a Ride Around Town 9:00a | 3 Coffee and a Roll 9:00a RH Phillips Brunch 10am |
| 4 Sunday No Drop 9:00am | 5 Early Bird Special 6:15am Morrison's Monday 9:00a Fast Morrison Monday9a <u>DBC General Mtg 7:00p</u> | 6 Mocha Joe's Loop 8:45am Mocha Joe's Loop 9:00am | 7 Solano Baking Co 8:45a Solano Baking Co 9:00a Women's Weds 9:00a | 8 Steady Eddy's 8:45a Steady Eddy's 9:00a Winters Dinner Ride 6p | 9 Early Bird Special 6:15a Vaca Rolling Hills 8:00a Ride Around Town 10am | 10 Coffee and a Roll 9:00a 2nd Sat Saunter 10:00a |
| 11 "Show N Go" 8:00am Sunday No Drop 9:00am | 12 Early Bird Special 6:15am Morrison's Monday 9:00a Fast Morrison Monday9a <u>Board Meeting 7:00pm</u> | 13 Mocha Joe's Loop 8:45am Mocha Joe's Loop 9:00am | 14 Solano Baking Co 8:45a Solano Baking Co 9:00a Women's Weds 9:00a | 15 Steady Eddy's 8:45a Steady Eddy's 9:00a Winters Dinner Ride 6p | 16 Early Bird Special 6:15a Vaca Rolling Hills 8:00a Ride Around Town 10am | 17 Coffee and a Roll 9:00a <u>Newsletter Deadline</u> 5:00pm |
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Ride Classifications

Refer to T/P/(distance) on each description title

Unless otherwise specified, all rides begin at the Starbucks, 2038 Lyndell Terrace, across from Sutter Davis Hospital in West Davis. Rain will cancel any ride. If in doubt, call the ride leader. If you would like to lead a ride, please contact John Seabury, Ride Calendar Master. Location of starting points for rides beginning elsewhere will be stated clearly in the ride description. Coordinated transportation to these starting points, if necessary, will be made by the ride leader.

Announced ride time is the time at which the ride starts. Come early to sign in and get maps and/or pre-ride instructions.

* Terrain

1. Flat (Davis to Woodland, Sacramento)
2. Easy/Gentle grade (Antioch Bridge)
3. Rolling (Dunnigan Hills, Auburn Road)
4. Moderate/Easy (Solano to Monticello Dam)
5. Moderate grades (Cardiac/Cantelow)
6. Steep, long grade (Mt. Diablo, Marshall)

* Pace/Speed (on level road)

1. Leisurely/Relaxed (< 10 mph). For families, children, buggers; waits.
2. Tourist (9 to 12 mph). Stops as needed; waits for stragglers.
3. Moderate (12 to 16 mph). Solid riders; regroups every 45 min.
4. Brisk (16-18 mph). Experienced; no obligation to wait.
5. Fast (19-21 mph). Strong riders; few stops; no obligation to wait.
6. Strenuous (21 mph & faster). Very strong riders.

Non-Recurring Rides

Note: Asterisked (*) rides have a starting location other than Starbucks.
Consult the ride description for start location.

Round the Mountain*

January 1, Thursday, 10:00 am
T5/P3/62.3 mi

Pierre Neu, gibbsneu@sbcglobal.net

Start off the new year properly with a Metric Century. Meet at Steady Eddy's in Winters. Classic DBC route "Round the Mountain" counter clockwise - Winters to Moskowitz to Wooden Valley to Mankas Corner to Cherry Glen to Pleasants Valley Rd. and back to Winters. Regroup at least 5 times. About 5 hours. Rain cancels.

"Third Saturday" Ride

January 17th, Third Saturday, 9:00am
T1-4/P4NO DROP/60 mi

David Joshel, 530-717-5133 or
davidjoshel@hotmail.com

Cantelow, Steiger Hill and Pleasants Valley Roads. Ride together as a group at a pace of 16-20 mph. Optional coffee stop in Winters

Lake Solano Loop

January 24, Saturday, 9:00 am
T1-3/P3/45 mi

Julie Sly, 916-201-2790 or
Juliesly@aol.com

Start at Starbucks, ride to Winters and around Lake Solano, with a food/rest stop at Steady Eddy's in Winters before returning to Davis. Option for more miles if the group wants to continue up Pleasants Valley Road to Cantelow Road before

Regularly Scheduled Rides

Note: Asterisked (*) rides have a starting location other than Starbucks.
Consult the ride description for start location.

RH Phillips First Saturday Brunch*

Jan 3rd, First Saturday, 10:00am T2/P3/45mi
Anne Huber, 530-758-8115 or
ahuber@jsanet.com

Meet at the Woodland Nugget parking lot. This is a lovely ride through rolling hills of northern Yolo County ending up at RH Phillips winery for their monthly food and wine pairing. The meal varies each month and its description may be posted on the DBC listserve. Price has varied between \$8 and \$13. You can bring your own lunch if you wish.

Second Saturday Saunter Jan 10th*

Second Saturday, 10:00 am T1/P2/10-30 mi
Dutch Martinich, 530-756-8234 or
dmartinich@att.net

Meet at Aileen Johnson's bench in front of Veteran's Memorial at 14th and B Streets. This is a ride for people that like to look at the scenery, smell the flowers, and socialize. This is a good ride for those that are new to cycling, for those that are new to the club and would like to know how they would fit in, and for those that just like a leisurely pace. There will be a different ride every month including a local bikeway tour, an architecture tour of old Woodland, perhaps a birding ride and even a pub ride. Spandex and carbon-fiber not required.

Saturday Coffee and a Roll

Saturdays, 9:00 am T1/P5/30 mi
Gary Button, 916-454-1679 or
lfastbiker@sbcglobal.net

A Saturday morning quick out and back to

Steady Eddy's in Winters, ending at Davis Farmer's Market. May go longer depending upon consensus. Start at Lyndell Terrace Starbucks. Note new start time for the winter.

"Show & Go" Ride Jan 11th

2nd Sun, 9:00 am T-varies/P-TBD/TBD mi
Glenn Mounkes, 530-220-3513 or
glenmonk@yahoo.com

This ride varies: route, distance and pace will be determined at the Start by the group. The Ride Leader will lobby for wind and/or hills.

Sunday Morning Ride NO DROP

Sundays, (Jan 11, 18 & 25th only) 11:00 am
T1/P3-low 4 /34 mi
Alan Hill, 530-792-8900 or
arhill8711@aol.com

Co-leaders are Alan Hill, Stu Bresnick, and Steve Kahn. Call ahead @ 792-8900 for free coffee.

Women's Race Skills Ride

Sundays, 9:00 am T1/P5-6/40 mi
Michele Feikert, 530-312-3286 or
michele.t.feikert@seminis.com

Same course as race team Tues/Thur race rides, with all three sprints (regroup after each sprint). That route heads out to Winters via CR 29 and Buckeye, head back on Putah Creek Rd, right on Stevenson Bridge Rd, then Sievers to Tremont to Old Davis Rd back into Davis. If you are interested in joining the women's DBC race team, please contact the Ride Leader or join us on the road. Some DBC race team men accompany us to give instruction and tips.

Morrison's Monday Deli (slower)

Mondays, 9:00 am T1/P2-3/25 mi
Dan Cucinotta, 530-756-1711 or
scucher@comcast.net

Following country roads, a shorter ride that will meet up with the faster group at Morrison's Deli in Woodland at around 10:30 am before returning to Davis.

Morrison's Monday Deli (faster)

Mondays, 9:00 am T1/P4-5/40 mi
Barry Bolden, 530-297-5123 or
boliverb@dcn.org

Following country roads north to the scenic town of Yolo, then returning to Morrison's Deli in Woodland to meet the slower group for a beverage, snack and lively conversation before returning to Davis.

Mocha Joe's Country Loop (slower)

Tuesdays, 8:45 am T1/P3/35 mi
Paul Grant, 530-756-3610 or
pwgrant@mac.com

Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis. A slightly slower pace than the ride beginning at 9:00.

Mocha Joe's Country Loop (faster)

Tuesdays, 9:00 am T1/P4-P5/39 mi
Phil Coleman, 530-756-4885 or
pkcoleman@comcast.net

Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis.

Regularly Recurring Rides (cont.)

Note: Asterisked (*) rides have a starting location other than Starbucks. Consult the ride description for start location.

Women's Wednesdays*

Wednesdays, 9:00 am T1/P4/20-30mi

Marilyn Dewey, 530-753-9188 or

deweyms@hotmail.com

Meet in front of Wheelworks, 3rd and F Streets, for an easy 1 to 2 hour ride to improve skills and fitness in a low-key, fun environment.

Solano Baking Company (slower)

Wednesdays, 8:45 am T1/P3/35 mi

Dan & Sharon Cucinotta, 530-756-1711 or

scucher@comcast.net

Ride south to Dixon past orchards and fields, relax at Solano Baking Company in Dixon before returning to Davis. A slightly slower pace than the ride beginning at 9:00

Solano Baking Company (faster)

Wednesdays, 9:00 am T1/P4-P5/39 mi

Phil Coleman, 530-756-4885 or

pkcoleman@comcast.net

Ride south to Dixon past orchards and fields, relax at Solano Baking Company in Dixon before returning to Davis.

Steady Eddy's (slower)

Thursdays, 8:45 am T1/P3/30mi

Gerry Peterson, 530-756-1254 or

gnjpeter0856@juno.com

Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis. A slightly slower pace than the ride beginning at 9:00

Steady Eddy's (faster)

Thursdays, 9:00 am T1/P4-P5/34 mi

Phil Coleman, 530-756-4885 or

pkcoleman@comcast.net

Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis.

Early Bird Special*

Mon Fri, 6:15 am T1/P3/20mi

Jack Kenward, 530-753-9329 or

kenward2@dcn.org

Meet on the Russell Blvd. bike path between Arlington and Lake. Rain does not cancel this ride.

Winters Dinner Ride*

Thursdays, 6:00 pm T1/P3/30mi

Paul Grant, 530-756-3610 or

pwgrant@mac.com

Meet on the Russell Blvd. bike path at Lake Blvd. Now that June is behind us, we'll need to remember to bring our lights and be sure the battery is fully charged. Come out on this easy-going dinner ride to Winters. Expect friendly conversation. No-one will be left behind!

Vacaville Rolling Hills

Fridays, 9:00 am T3/P5/60mi

Larry Burdick, 530-753-7591 or

larryburdick@netzero.net

Ride with 'The Legend' through the rolling hills to and from Vacaville. Enjoy the goodies at Vacaville's Heritage Cafe.

Ride around the Town*

December, Fridays, 10:00 am

T1/P2/15-18 mi

Dutch Martinich, 530-756-8234 or

dmartinich@att.net

Ride starts at Vet's Memorial Auditorium, co-leaders are Dutch Martinich and Gerry Peterson, 530-756-1254 or gnjpeter0856@juno.com. Route changes weekly but always includes portions of the citywide greenbelt system and the City of Davis bike route. Ride finishes in the downtown area and stops for refreshments if the riders are interested. Contact either leader if in doubt about the weather.

Leading a Club ride is a great way to highlight a unique ride you've done and to share it with other Club members?

Just contact our ride calendar specialist, John Seabury.

dbcridecalendar@gmail.com

Century of the Month Plans for 2009

Starting in January 2009 an organized Century of the Month Ride will be organized by Adam Bridge.

The ride will have an unusual schedule. On odd-numbered months it will happen on the 2nd Saturday of the month while on even-numbered months it will happen on the 2nd Friday.

The ride will begin at 8 AM at the Nugget Market seating area at Oak Tree Plaza, corner of Covell Blvd and Pole Line Rd. The route of each ride will be determined by weather/wind conditions. Pace will be P3-4. Periodic (as frequent as required) regrouping will occur. P4 riders may by consent choose to separate from P3 riders. Regrouping will always be required. There is no formal SAG support so the individuals should be prepared to help each other out. Cell phones are recommended. At least one stop for food will be planned for every ride.

Other riders may choose to follow the same route at other times and are encouraged to do so as the need requires.

For more information contact Adam Bridge at 530.753.6802 or via e-mail at abridge@gmail.com.