

DBC Ride and Event Calendar

March 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Sunday Women's Race Skills 9:00am Dean & Karen's MM Kick-Off Ride to Folsom* 10am Sunday No Drop 11:00am	2 Early Bird Special* 6:15am Morrison's Monday 9:00am Fast Morrison Monday 9am	3 Folsom* 8:00am Mocha Joe's Loop 8:45am Mocha Joe's Loop 9:00am	4 Solano Baking Co 8:45am Solano Baking Co 9:00am Women's Wed.s* 9:00am	5 Steady Eddy's 8:45am Steady Eddy's 9:00am Ed Martin in a Day 9:00am Napa/Bayarea Hill Climbing* 9:30 Winters* Dinner Ride 6pm	6 Early Bird Special* 6:15am Furlough Fridays 8:00am Vaca Rolling Hills 8:00am Ride Around Town* 10am	7 200K Brevet* 7:00am Outland Ride #2* 9:00am Coffee and a Roll 9:00am RH Phillips Brunch* 10am
8 Sunday Women's Race Skills 9:00am Capay Valley Ride* 9:15 Sunday No Drop 11:00am	9 Early Bird Special* 6:15am Morrison's Monday 9:00am Fast Morrison Monday 9am Board Meeting 7:00pm	10 Folsom* 8:00am Mocha Joe's Loop 8:45am Mocha Joe's Loop 9:00am	11 Solano Baking Co 8:45am Solano Baking Co 9:00am Women's Wed.s* 9:00am	12 Steady Eddy's 8:45am Steady Eddy's 9:00am Ed Martin in a Day 9:00am Napa/Bayarea Hill Climbing* 9:30 Winters* Dinner Ride 6pm	13 Early Bird Special* 6:15am Century of the Month 8:00am Vaca Rolling Hills 8:00am Ride Around Town* 10am	14 Jepson Prairie* 8:00am Lake Solano Loop 9:00am Coffee and a Roll 9:00am 2nd Sat Saunter* 10:00am
15 Sunday Women's Race Skills 9:00am Vic/Ice Cream* 9:00am Sunday No Drop 11:00am Ride Schedule deadline	16 Early Bird Special* 6:15am Morrison's Monday 9:00am Fast Morrison Monday 9am	17 Folsom* 8:00am Mocha Joe's Loop 8:45am Mocha Joe's Loop 9:00am	18 Solano Baking Co 8:45am Solano Baking Co 9:00am Women's Wed.s* 9:00am	19 Steady Eddy's 8:45am Steady Eddy's 9:00am Ed Martin in a Day 9:00am Napa/Bayarea Hill Climbing* 9:30 Winters* Dinner Ride 6pm	20 Early Bird Special 6:15am* Furlough Fridays 8:00am Vaca Rolling Hills 8:00am Ride Around Town* 10am Newsletter Deadline 12:00 midnight	21 Clear Lake Tour (2 days) 8:00am Coffee and a Roll 9:00am 3rd Saturday 9:00am
22 Sunday Women's Race Skills 9:00am Sunday No Drop 11:00am	23 Early Bird Special* 6:15am Morrison's Monday 9:00am Fast Morrison Monday 9am	24 Folsom* 8:00am Mocha Joe's Loop 8:45am Mocha Joe's Loop 9:00am	25 Solano Baking Co 8:45am Solano Baking Co 9:00am Women's Wed.s* 9:00am	26 Steady Eddy's 8:45am Steady Eddy's 9:00am Ed Martin in a Day 9:00am Napa/Bayarea Hill Climbing* 9:30 Winters* Dinner Ride 6pm	27 Early Bird Special 6:15am* Vaca Rolling Hills 8:00am Ride Around Town* 10am	28 300K Brevet* 7:00am Folsom Dam Bridge Opens* 8:00am Coffee and a Roll 9:00am
29 Sunday Women's Race Skills 9:00am March Birthdays Ride* 9:30am Sunday No Drop 11:00am	30 Early Bird Special* 6:15am Morrison's Monday 9:00am Fast Morrison Monday 9am	31 Folsom* 8:00am Mocha Joe's Loop 8:45am Mocha Joe's Loop 9:00am	4 Solano Baking Co 8:45am Solano Baking Co 9:00am Women's Wed.s* 9:00am	5 Steady Eddy's 8:45am Steady Eddy's 9:00am Ed Martin in a Day 9:00am Napa/Bayarea Hill Climbing* 9:30 Winters* Dinner Ride 6pm	6 Early Bird Special 6:15am* Vaca Rolling Hills 8:00am Ride Around Town* 10am	7 Coffee and a Roll 9:00am RH Phillips Brunch* 10am

Unless otherwise specified, all rides begin at the Starbucks, 2038 Lyndell Terrace, (38.562 Lat; 121.768 Long) across from Sutter Davis Hospital in West Davis. Rain will cancel any ride. If in doubt, call the ride leader. If you would like to lead a ride, please contact John Seabury, Ride Calendar Master. Location of starting points for rides beginning elsewhere will be stated clearly in the ride description. Coordinated transportation to these starting points, if necessary, will be made by the ride leader. **Announced ride time is the time at which the ride starts. Come early to sign in and get maps and/or pre-ride instructions.**

Terrain:

1. Flat(Davis to Woodland, Sacramento)
2. Easy/Gentle grade (Antioch Bridge)
3. Rolling (Dunnigan Hills, Auburn Road)
4. Moderate/Easy (Solano to Monticello Dam)
5. Moderate grades (Cardiac/Cantelow)
6. Steep, long grade (Mt. Diablo, Marshall)

Lead a ride!

Leading a Club ride is a great way to highlight a unique ride you've done and to share it with other Club members.
Contact: dbcridecalendar@gmail.com

Pace/Speed (on level road)

1. Leisurely/Relaxed (< 10 mph). For families, children, buggers; waits.
2. Tourist (9 to 12 mph). Stops as needed; waits for stragglers.
3. Moderate (12 to 16 mph). Solid riders; regroup every 45 min.
4. Brisk (16-18 mph). Experienced; no obligation to wait.
5. Fast (19-21 mph). Strong riders; few stops; no obligation to wait.
6. Strenuous (21 mph & faster). Very strong riders.

Regularly Recurring Rides

* Asterisked rides have a starting location other than Starbuck's
Consult ride description for location.

RH Phillips First Saturday Brunch*

February 7, 1st Saturday, 10:00 am (T2/P3/45 mi)
Anne Huber, 530-758-8115 or ahuber@jsanet.com

Meet at the Woodland Nugget parking lot. This is a lovely ride through rolling hills of northern Yolo County ending up at RH Phillips winery for their monthly food and wine pairing. The meal varies each month and its description may be posted on the DBC listserv. Price has varied between \$8 and \$13. You can bring your own lunch if you wish.

Second Saturday Saunter*

February 14, 2nd Saturday, 10:00 am (T1/P2/10-30 mi)
Dutch Martinich, 530-756-8234 or dmartinich@att.net

Meet at Aileen Johnson's bench in front of Veteran's Memorial at 14th and B Streets. This is a ride for people that like to look at the scenery, smell the flowers, and socialize. This is a good ride for those that are new to cycling, for those that are new to the club and would like to know how they would fit in, and for those that just like a leisurely pace. There will be a different ride every month including a local bikeway tour, an architecture tour of old Woodland, perhaps a birding ride, and even a pub ride. Spandex and carbon-fiber not required.

3rd Saturday (except May and October)

March 21, 3rd Saturday, 9:00 am (T-1-T5/P4/60/100m)
David Joshel, 510-717-5133 or davidjoshel@hotmail.com

60 mile ride but with a 100 mile option. Ride start in Davis at the Lyndell Terrace Starbucks. Ride from Davis to Vacaville via Steiger and Gibson roads, return on Pleasant Valley to Winters for lunch. After Lunch, the 60 mile option can return directly to Davis. The 100 mile option will go through Esparto, Dunningan Hills, Zamora & Woodland before returning to Davis. There will be food stops in Esparto and Zamora at the Mini Mart. Pace 16-20 mph, 60 or 100 miles. Some rolling hills, not too steep. limited regrouping. I'll provide maps and directions. The 100 mile option should return to Davis before 5pm.

Saturday Coffee and a Roll

Saturdays, 9:00 am (T1/P4-5/30 mi)
Gary Button, 916-454-1679 or 1fastbiker@sbcglobal.net

Coffee and a Roll is a fast paced (P-4/5) Saturday morning sojourn, We regroup along the way and in Winters where we discuss options for extending the ride to Cantelow, Cardiac, or just around Lake Solono. Sometimes we split into two smaller groups when a conscious can't be achieved. Following this extension, we reconvene at Study Eddies for refreshment and conversation before returning to Davis via Putha Creek Road. Those who wish to participate, sprint for signs. This is a good ride for sharpening your skills. If you are in shape or want to get

in shape, this is an excellent opportunity for an enjoyable ride! With our early morning start, we often cover 50 or 60 miles before returning to Davis around noon.

Women's Race Skills Ride

Sundays, 9:00 am (T1/P5-6/40 mi)
Michele Feikert, 530-312-3286 or michele.t.feikert@seminis.com

Same course as race team Tues/Thur race rides, with all three sprints (regroup after each sprint). That route heads out to Winters via CR 29 and Buckeye, head back on Putah Creek Rd, right on Stevenson Bridge Rd, then Sievers to Tremont to Old Davis Rd back into Davis. If you are interested in joining the women's DBC race team, please contact the Ride Leader or join us on the road. Some DBC race team men accompany us to give instruction and tips.

Sunday Morning No Drop - Ed Martin Series**

Sundays, 11:00 am
(T1/P3-low 4 NO DROP/34 mi)
Alan Hill, 530-792-8900 or arhill8711@aol.com

Co-leaders are Alan Hill, Stu Bresnick, and Steve Kahn. Call ahead @ 792-8900 for free coffee.

Monday at Morrison's (slower) - Ed Martin Series**

Mondays, 9:00 am (T1/P2-3/24 mi)
Dan Cucinotta, 530-756-1711 or scucher@comcast.net
Following country roads, a shorter ride that will meet up with the faster group at Morrison's Deli in Woodland at around 10:30 am before returning to Davis.

Monday at Morrison's (faster) - Ed Martin Series**

Mondays, 8:45 am (T1/P3/35 mi)
Barry Bolden, 530-297-5123 or boliverb@dcn.org

Following country roads north to the scenic town of Yolo, then returning to Morrison's Deli in Woodland to meet the slower group for a beverage, snack and lively conversation before returning to Davis.

Mocha Joe's Country Loop (slower) - Ed Martin Series**

Tuesdays, 9:00 am (T1/P4-5/40 mi)
Paul Grant, 530-756-3610 or pwgrant@mac.com

Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis. A slightly slower pace than the ride beginning at 8:00.

Folsom*

Tuesdays, 8:00 am (T1/P4/70 mi)
Don Pockrandt, 530-756-6752 or pocky@att.net
Out and back to Folsom

**** The Ed Martin Memorial Ride Series**

Coordinator: Jim Skeen or skeenjw@sbcglobal.net
All rides start at Lyndell Terrace Starbuck's.

Regularly Recurring Rides

Mocha Joe's Country Loop (faster) - Ed Martin Series**

Tuesdays, 9:00 am (T1/P4-P5/39 mi)

Phil Coleman, 530-756-4885 or pkcoleman@comcast.net

Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis.

Women's Wednesdays*

Wednesdays, 9:00 am (T1/P4/20-30mi)

Marilyn Dewey, 530-753-9188 or deweym@hotmail.com

Meet in front of Wheelworks, 3rd and F Streets, for an easy 1 to 2 hour ride to improve skills and fitness in a low-key, fun environment.

Solano Baking Company (slower) - Ed Martin Series**

Wednesdays, 8:45 am (T1/P3/35 mi)

Dan & Sharon Cucinotta, 530-756-1711 or scucher@comcast.net

Ride south to Dixon past orchards and fields, relax at Solano Baking Company in Dixon before returning to Davis. A bit slower pace than the ride beginning at 8:00

Solano Baking Company (faster) - Ed Martin Series**

Wednesdays, 9:00 am (T1/P4-P5/39 mi)

Phil Coleman, 530-756-4885 or pkcoleman@comcast.net

Ride south to Dixon past orchards and fields, relax at Solano Baking Company in Dixon before returning to Davis.

Steady Eddy's (slower) - Ed Martin Series**

Thursdays, 8:45 am (T1/P3/30mi)

Gerry Peterson, 530-756-1254 or gnjpeter0856@juno.com

Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis. A bit slower pace than the ride beginning at 8:00.

Napa/Bay Area Hill Climbing*

Thursdays, 9:30 am

T5-6/P-3/30-40 mi

Deb Ford, 707-224-2288 or napaford@aol.com

A new series of rides! Relaxed-but-challenging, worth-the drive rides that feature hill climbing. Designed for the rider who wants to (1) improve their climbing skills, (2) enjoy beautiful back roads, and (3) not cough up a lung! Frequent regrouping and accolades guaranteed. Feb 5 Mt Veeder (Napa start, 30 miles, summit 1500'). Feb 12 Howell Mtn (Rutherford start, 40 miles, ~ 3000' elev

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Consult ride description for location.

gain). Feb 19 Dry Creek/Trinity Roads (Napa start, 35 miles, ~ 3700' elev gain). Feb 26 Mt Diablo (Walnut Creek start, ~30 miles, summit 3849'). Details of route and meeting place on DBC listserve (or email Ride Leader). PLEASE RSVP, so I know whether to wait for you. Rain cancels.

Steady Eddy's (faster) - Ed Martin Series**

Thursdays, 9:00 am (T1/P4-P5/34 mi)

Phil Coleman, 530-756-4885 or pkcoleman@comcast.net

Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis.

Winters Dinner Ride*

Thursdays, 6:00 pm (T1/P3/30mi)

Paul Grant, 530-756-3610 or pwgrant@mac.com

Meet on the Russell Blvd. bike path at Lake Blvd. Now that June is behind us, we'll need to remember to bring our lights and be sure the battery is fully charged. Come out on this easy-going dinner ride to Winters. Expect friendly conversation. No-one will be left behind!

Ed Martin Series in a Day

Thursdays, 8:00 am

T1-2/P3-4/~100 mi

Glenn Mounkes, or glenmonk@yahoo.com

Want to visit all the Ed Martin Weekday Series Rides destinations but have only one day to ride? - Lucky you! The EMSD ride is back, with a twist! Meet at Starbucks, and we'll hit all the weekday destinations in one day. We'll ride to Woodland (Morrison's), Winters (Steady Eddy's), Vacaville (Heritage Café), Dixon (Solano Baking Co.), and South Davis (Mocha Joe's). Special March Madness bragging rights to those who make all four weekly rides.

Vacaville Rolling Hills - Ed Martin Series**

Fridays, 8:00 am (T3/P5/60mi)

Larry Burdick, 530-753-7591 or larryburdick@netzero.net

Ride with 'The Legend' through the rolling hills to and from Vacaville. Enjoy the goodies at Vacaville's Heritage Cafe.

Ride around the Town*

December, Fridays, 10:00 am (T1/P2/15-18 mi)

Dutch Martinich, 530-756-8234 or dmartinich@att.net

Gerry Peterson, 530-756-1254 or gnjpeter0856@juno.com

Ride starts at Vet's Memorial Auditorium, Route changes weekly but always includes portions of the citywide green-belt system and the City of Davis bike route. Ride finishes in the downtown area and stops for refreshments if riders are interested. Contact either leader if in doubt about the weather.