

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26 Sunday Women's Race Skills 9:00am Sunday No Drop 11:00am	27 Early Bird Special* 6:15am Morrison's Monday 9:00am Fast Morrison Monday 9am	28 Mocha Joe's Loop 8:45am Mocha Joe's Loop 9:00am Tuesday Evening Skills Ride 6:00pm	29 Solano Baking Co 8:45am Solano Baking Co 9:00am Women's Wed.s* 9:00am	30 Steady Eddy's 8:45am Steady Eddy's 9:00am Ed Martin in a Day 9:00am Napa/Bayarea Hill Climbing* 9:00am Winters Dinner Ride* 6pm	1 Early Bird Special* 6:15am May Day Mayday* 6:20am Vaca Rolling Hills 8:00am Another Friday Foray* 9am Ride Around Town* 10am	2 Coffee and a Roll 8:00am RH Phillips Brunch* 10am Rocklin Roll* 6:30pm
3 Tour of Marin County 7:00am Sunday No Drop 11:00am Five Boro Bike Tour, N.Y.C.	4 Early Bird Special* 6:15am Morrison's Monday 9:00am Fast Morrison Monday 9am General Meeting 7:00pm	5 Mocha Joe's Loop 8:45am Mocha Joe's Loop 9:00am Tuesday Evening Skills Ride 6:00pm Tuesday/Thursday Race Ride* 6:00pm	6 Solano Baking Co 8:45am Solano Baking Co 9:00am Women's Wed.s* 9:00am	7 Steady Eddy's 8:45am Steady Eddy's 9:00am Napa/Bayarea Hill* 9:00am Thu. Race Ride* 6:00pm Winters Dinner Ride* 6pm	8 Early Bird Special* 6:15am Vaca Rolling Hills 8:00am Another Friday Foray* 9am Ride Around Town* 10am	9 Lake Solano Loop 8:30am Coffee and a Roll 8:00am 2nd Sat Saunter* 10:00am
10 Sunday No Drop 11:00am	11 Early Bird Special* 6:15am Morrison's Monday 9:00am Fast Morrison Monday 9am Board Meeting 7:00pm	12 Mocha Joe's Loop 8:45am Mocha Joe's Loop 9:00am Tuesday Evening Skills Ride 6:00pm Tuesday/Thursday Race Ride* 6:00pm	13 Solano Baking Co 8:45am Solano Baking Co 9:00am Women's Wed.s* 9:00am	14 Steady Eddy's 8:45am Steady Eddy's 9:00am Napa/Bayarea Hill* 9:00am Thu. Race Ride* 6:00pm Winters Dinner Ride* 6pm	15 Early Bird Special* 6:15am Vaca Rolling Hills 8:00am Another Friday Foray* 9am Ride Around Town* 10am Ride Calendar deadline	16 Davis DC
17 Sunday No Drop 11:00am	18 Early Bird Special* 6:15am Morrison's Monday 9:00am Fast Morrison Monday 9am	19 Mocha Joe's Loop 8:45am Mocha Joe's Loop 9:00am Tuesday Evening Skills Ride 6:00pm Tuesday/Thursday Race Ride* 6:00pm	20 Solano Baking Co 8:45am Solano Baking Co 9:00am Women's Wed.s* 9:00am	21 Steady Eddy's 8:45am Steady Eddy's 9:00am Napa/Bayarea Hill* 9:00am Thu. Race Ride* 6:00pm Winters Dinner Ride* 6pm	22 Early Bird Special* 6:15am Vaca Rolling Hills 8:00am Another Friday Foray* 9am Ride Around Town* 10am	23 Coffee and a Roll 8:00am
24 Sunday No Drop 11:00am	25 Early Bird Special* 6:15am Morrison's Monday 9:00am Fast Morrison Monday 9am	26 Mocha Joe's Loop 8:45am Mocha Joe's Loop 9:00am Tuesday Evening Skills Ride 6:00pm Tuesday/Thursday Race Ride* 6:00pm	27 Solano Baking Co 8:45am Solano Baking Co 9:00am Women's Wed.s* 9:00am	28 Steady Eddy's 8:45am Steady Eddy's 9:00am Napa/Bayarea Hill* 9:00am Thu. Race Ride* 6:00pm Winters Dinner Ride* 6pm	29 Early Bird Special* 6:15am Vaca Rolling Hills 8:00am Another Friday Foray* 9am Ride Around Town* 10am	30 Don Aumann Memorial* hills-8:00/9:00am Don Aumann Memorial* family-9:00am St.Helena-Howell Mt.* 9am Coffee and a Roll 8:00am
31 Sunday No Drop 11:00am						

Unless otherwise specified, all rides begin at the Starbucks, 2038 Lyndell Terrace, (38.562 Lat; 121.768 Long) across from Sutter Davis Hospital in West Davis. Rain will cancel any ride. If in doubt, call the ride leader. If you would like to lead a ride, please contact John Seabury, Ride Calendar Master. Location of starting points for rides beginning elsewhere will be stated clearly in the ride description. Coordinated transportation to these starting points, if necessary, will be made by the ride leader. **Announced ride time is the time at which the ride starts. Come early to sign in and get maps and/or pre-ride instructions.**

Terrain:

1. Flat(Davis to Woodland, Sacramento)
2. Easy/Gentle grade (Antioch Bridge)
3. Rolling (Dunnigan Hills, Auburn Road)
4. Moderate/Easy (Solano to Monticello Dam)
5. Moderate grades (Cardiac/Cantelow)
6. Steep, long grade (Mt. Diablo, Marshall)

Lead a ride!

Leading a Club ride is a great way to highlight a unique ride you've done and to share it with other Club members.
Contact: dbcridecalendar@gmail.com

Pace/Speed (on level road)

1. Leisurely/Relaxed (< 10 mph). For families, children, buggers; waits.
2. Tourist (9 to 12 mph). Stops as needed; waits for stragglers.
3. Moderate (12 to 16 mph). Solid riders; regroup every 45 min.
4. Brisk (16-18 mph). Experienced; no obligation to wait.
5. Fast (19-21 mph). Strong riders; few stops; no obligation to wait.
6. Strenuous (21 mph & faster). Very strong riders.

Regularly Recurring Rides

* Asterisked rides have a starting location other than Starbuck's
Consult ride description for location.

Sunday Morning Ride

Sundays, 11:00 am T1/P3-4

NO DROP/34 mi

Alan Hill, 530-792-8900 or <arhill8711@aol.com>

Co-leaders are Alan Hill, Stu Bresnick, and Steve Kahn. Call ahead @ 792-8900 for free coffee.

Early Bird Special*

Mon and Fri, 6:15 am T1/P3/20mi

Jack Kenward, 530-753-9329 or <kenward2@dcn.org>

Meet on the Russell Blvd. bike path between Arlington and Lake. Rain does not cancel this ride.

Monday at Morrison's [Ed Martin Series]**

Mondays, T1/P4-5/35 mi (faster)

Barry Bolden, 530-297-5123 or <boliverb@dcn.org>

Following country roads north to the scenic town of Yolo, then returning to Morrison's Deli in Woodland to meet the slower group for a beverage, snack and lively conversation before returning to Davis.

Monday at Morrison's [Ed Martin Series]**

Mondays, 9:00 am T1/P2-3/24 mi (slower)

Dan Cucinotta, 530-756-1711 or scucher@comcast.net

Following country roads, a shorter ride that will meet up with the faster group at Morrison's Deli in Woodland at around 10:30 am before returning to Davis.

Mocha Joe's Country Loop [Ed Martin Series]**

Tuesdays, 8:45 am T1/P3/35 mi

Paul Grant, 530-756-3610 or <pwgrant@mac.com>

Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis. A slightly slower pace than the ride beginning at 8:00.

Mocha Joe's Country Loop [Ed Martin Series]**

Tuesdays, 9:00 am T1/P4-P5/39 mi

Phil Coleman, 530-756-4885 or <pkcoleman@comcast.net>

Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis.

Tuesday Evening Skills Ride

Tuesdays, 6:00 pm T1/P5-6/40 miles

Joaquin Feliciano, 530-304-3367 or

<joaquin.feliciano@gmail.com>

Hosted by the DBC Race Team, the race skills ride is the place to be for cyclists who are looking to get into racing or who want to improve their high speed and group riding skills. This is a friendly, mentored ride led by experienced DBC Race Team members that focuses on pack riding etiquette, rotating pacelines, cross-wind echelons, etc. Pace is high but

there are numerous regrouping points along the route and nobody gets dropped for long. Each ride starts with introductions and a brief review of the ride format and course before rolling out.

Tuesday/Thursday Race Ride*

Tu/Th, 6:00 pm T1/P6/38 mi

Alan Rowland, 916-847-4818 or <alan.rowland@sbcglobal.net>

The famous training ride series is now 19 years old! Come out for serious training two nights a week. 8 mile warmup ride, followed by three sprints with regrouping between. Learn proper race technique, group riding, and paceline.

Solano Baking Company [Ed Martin Series]**

Wednesdays, 8:45 am T1/P3/35 mi

Dan & Sharon Cucinotta, 530-756-1711 or

<scucher@comcast.net>

Ride south to Dixon past orchards and fields, relax at Solano Baking Company in Dixon before returning to Davis. A slightly slower pace than the ride beginning at 9:00

Solano Baking Company [Ed Martin Series]**

Wednesdays, 9:00 am T1/P4-P5/39 mi

Phil Coleman, 530-756-4885 or <pkcoleman@comcast.net>

Ride south to Dixon past orchards and fields, relax at Solano Baking Company in Dixon before returning to Davis.

Women's Wednesdays*

Wednesdays, 9:00 am T1/P4/20-30mi

Marilyn Dewey, 530-753-9188 or <deweyms@hotmail.com>

Meet in front of Wheelworks, 3rd and F Streets, for an easy 1 to 2 hour ride to improve skills and fitness in a low-key, fun environment.

Steady Eddy's [Ed Martin Series]**

Thursdays, 8:45 am T1/P3/30mi

Gerry Peterson, 530-756-1254 or <gnjpeter0856@juno.com>

Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis. A slightly slower pace than the ride beginning at 8:00

Steady Eddy's [Ed Martin Series]**

Thursdays, 9:00 am T1/P4-P5/34 mi

Phil Coleman, 530-756-4885 or pkcoleman@comcast.net

Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis.

** The Ed Martin Memorial Ride Series

Coordinator: Jim Skeen or <skeenjw@sbcglobal.net>

All rides start at Lyndell Terrace Starbuck's.

Regularly Recurring Rides

* Asterisked rides have a starting location other than Starbuck's
Consult ride description for location.

Napa/Bay Area Hill Climbing*

Thursdays, 9:00 am T5-6/P-3/30-40 mi

Deb Ford, 707-224-2288 or <napaford@aol.com>

A new series of rides! Relaxed-but-challenging, worth-the drive rides that feature hill climbing.

Designed for the rider who wants to (1) improve their climbing skills, (2) enjoy beautiful back roads, and (3) not cough up a lung! Frequent regrouping and accolades guaranteed. Rides will rotate, and will include Mt Veeder, Howell Mtn, Mt George, and Mt Diablo. Details will be posted each week on the DBC listserv (or email Ride Leader). PLEASE RSVP, so I know whether to wait for you. Rain cancels.

Winters Dinner Ride*

Thursdays, 6:00 pm T1/P3/30mi

Paul Grant, 530-756-3610 or <pwgrant@mac.com>

Meet on the Russell Blvd. bike path at Lake Blvd. Now that June is behind us, we'll need to remember to bring our lights and be sure the battery is fully charged. Come out on this easy-going dinner ride to Winters. Expect friendly conversation. No-one will be left behind!

Vacaville Rolling Hills [Ed Martin Series]**

Fridays, 8:00 am T3/P5/60mi

Larry Burdick, 530-753-7591 or <larryburdick@netzero.net>

Ride with 'The Legend' through the rolling hills to and from Vacaville. Enjoy the goodies at Vacaville's Heritage Cafe.

Another Friday Foray*

Fridays, 9:00 am

T1/P3/16-32 mi

Margaret Aumann, 530-756-2616 or <yalza@sbcglobal.net>

Meet at the Veterans Memorial Center on 14th at B Streets to decide the day's route & ride. For those of us who can't go as early & earnestly as the Early Birds, as fast & far as the Rolling Hills, nor as late & leisurely as the Ride Around Town: join Margaret for a different local loop each Friday in May, in part to be in shape for the Don Aumann Memorial Rides May 30 (see descriptions elsewhere in this newsletter). Meet at the Veterans Memorial Center on 14th at B Streets to decide the day's route & ride.

Ride around the Town*

May , Fridays, 10:00 am

T1/P2/15-18 mi

Dutch Martinich, 530-756-8234 or <dmartinich@att.net>

Ride starts at Vet's Memorial Auditorium, co-leaders are Dutch

Martinich and Gerry Peterson. Route changes weekly but always includes portions of the citywide greenbelt system and the City of Davis bike route. Ride finishes in the downtown area and stops for refreshments if riders are interested.

Contact Dutch if in doubt about the weather.

Saturday Coffee and a Roll

Saturdays [NOT May 16!], 8:00 am T1/P5/30 mi

Gary Button, 916-454-1679 or <1fastbiker@sbcglobal.net>

Coffee and a Roll is a fast paced (P-4/5) Saturday morning sojourn. We regroup along the way and in Winters where we discuss options for extending the ride to Cantelow, Cardiac, or just around Lake Solano. Sometimes we split into two smaller groups when a consensus can't be achieved.

Following this extension, we reconvene at Steddy Eddies for refreshment and conversation before returning to Davis via Putah Creek Road. Those who wish to participate, sprint for signs. This is a good ride for sharpening your skills. If you are in shape or want to get in shape, this is an excellent opportunity for an enjoyable ride! With our early morning start, we often cover 50 or 60 miles before returning to Davis around noon.

RH Phillips First Saturday Brunch*

May 2, First Saturday, 10:00 am T2/P3/45 mi

Anne Huber, 530-758-8115 or <ahuber@jsanet.com>

Meet at the Woodland Nugget parking lot. This is a lovely ride through rolling hills of northern Yolo County ending up at RH Phillips winery for their monthly food and wine pairing. The meal varies each month and its description may be posted on the DBC listserv. The food is always good, but you may want to bring backup nutrition because portions are often small. Price has varied between \$8 and \$13. You can bring your own lunch if you wish.

Second Saturday Saunter*

May 9, Second Saturday, 10:00 am

T1/P2/10-30 mi

Dutch Martinich, 530-756-8234 or dmartinich@att.net

Meet at Aileen Johnson's bench in front of Veteran's Memorial at 14th and B Streets. This is a ride for people that like to look at the scenery, smell the flowers, and socialize. This is a good ride for those that are new to cycling, for those that are new to the club and would like to know how they would fit in, and for those that just like a leisurely pace. There will be a different ride every month including a local bikeway tour, an architecture tour of old Woodland, perhaps a birding ride, and even a pub ride. Spandex and carbon-fiber not required.

Non-Recurring Rides

* Asterisked rides have a starting location other than Starbuck's
Consult ride description for location.

May Day Mayday

May 1, Friday, 6:20 AM T5/P4/116 mi
Ted Sommer, 530-758-6806 or <cyclelovers@sbcglobal.net>
Ride meets at the Davis Amtrak Station, where we catch the 6:35 am train to Fairfield. Join furloughed state workers on this Davis Double training ride. Spectacular ride through Wooden Valley and Sage Canyon to Napa vineyards. Return via Howell Mountain, Chiles/Pope Valley, and Winters.

Rocklin Roll*

May 2-3, Saturday & Sunday, 6:30 pm T4/P3/85 mi
Paul Grant, 530-756-3610 or <pwgrant@mac.com>
Meet Davis Amtrak station at 6:30 pm Saturday. The club will buy your train tickets. Then, have a relaxing train ride to Rocklin. Optional dinner before at 5:30 pm at 2K Thai, 223 G St. in Davis. On Sunday, we'll ride a 45 mile loop in the foothills on roads with almost no traffic. After lunch, the ride proceeds along the American River Bikepath to Old Sacramento where we'll catch an afternoon train back to Davis. This ride is self-supported so bring everything you need on your bicycle. Bring a light. Make your own reservation at the Days Inn in Rocklin for Saturday night, May 2. <daysinn.com> or 800-329-7466

Tour of Marin County

May 3, Sunday, 7:00 am T5/P4/75 mi
David Joshel, 510-717-5133 or <davidjoshel@hotmail.com>
Meet at 07:00 North Davis Starbucks, RSVP to arrange carpooling. Or, ride will start from the park and ride lot on the east side of 101 at Lucas Valley Road in San Rafael @08:30 Ride to Nicasio, Marshall, Pt Reyes Station, Olema and back to San Rafael. Visit the famous Bovine Bakery in Pt Reyes Station (from Ride Cal Coordinator - really good!).

Five Boro Bike Tour*

May 3, Sunday T2/P your choice/42 mi
John Hess, or <johnfhess@comcast.net>
If you're not already registered, it's sold out so you're outta luck (see <<http://www.bikenewyork.org/>>). But if you're registered, start on 6th Ave lower Manhattan, follow the crowd. Ride through all 5 Boros of NYC and finish on Staten Island with a ferry ride back to Manhattan.



Online with the DBC

Club web site: <davisbikeclub.org>

Race team: <dbc raceteam.org>

Double Century: <davisbikeclub.org/ddc/2009/index.htm>

Fall Century: <davisbikeclub.org/foxys/2008/index.htm>

Lake Solano Loop

May 9, Saturday, 8:30 am T1-3/P3/45 mi
Julie Sly, 916-201-2790 or <Juliesly@aol.com>
Start at Starbuck's, ride to Winters and around Lake Solano, with a food/rest stop at Steady Eddy's in Winters before returning to Davis. Option for more miles if the group wants to continue up Pleasants Valley Road to Cantelow Road before returning to Winters. NOTE START TIME CHANGE!!

Don Aumann Memorial Ride – Hills*

May 30, Saturday, 8:00/9:00 am T5/P3/56 or 25 miles
Ted Sommer, 530-758-6806 or <cyclelovers@sbcglobal.net>
Ride begins/ends at either Veteran's Memorial in Davis (8 am) or Steady Eddy's in Winters (9 am). Pedal to celebrate the life of "Mr. Yalza", our late DBC member Don Aumann. The ride travels Don's beloved Cantelow route.

Don Aumann Memorial Ride - Family Ride*

May 30, Saturday, 9:00 am T1-3/P1/16 miles
Jennifer Sommer, 530-758-6806 or <cyclelovers@sbcglobal.net>
This family ride leaves 9 am from the Aumann house at 1215 Aspen Place in Davis. Pedal to celebrate the life of "Mr. Yalza", our late DBC member Don Aumann. Tandems, families, and little wheels (Bike Fridays, recumbents) encouraged!

St. Helena-Howell Mountain Tour*

May 30, Saturday, 9:00 am T5/P3/40 mi
Deb Ford, 707-224-2288 or <napaford@aol.com>
Meet at the Silverado Brewing Co., on Hwy 29 just north of St Helena. We'll ride across the valley, do an easy climb up to Lake Hennessey, a medium climb over to the Pope Valley, then take Ink Grade up Howell Mtn (4 mile climb, very do-able). The reward is an amazing descent back to Napa Valley, and a good lager and lunch at the brewery (or their rootbeer, if you prefer). Quiet backroads, no drop, possible tour of the brewery, if interested. RSVP.

Slower Rides and more...

The Davis Bike Club welcomes riders of all ages and abilities. Try our Friday (Around Town) or Saturday Saunter rides for starters. Non-scheduled rides are doable according to your needs and interests. Our membership includes people with a full spectrum of cycling interests including commuting, advocacy, vintage equipment, and carless transportation, as well as recreational cycling. If you want to get together for an unscheduled ride or to make contact with Those of similar interests, email me, Dutch Martinich, at <dmartinich@att.net> or call 530-756-8234.