

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26 Tour of Marin County Sunday 7am Sunday No Drop 9:30am	27 Early Bird Special* 6:15am Monday at Morrison's (faster) 8:00am Monday at Morrison's (slower) 8:00am	28 Mocha Joe's Country Loop 7:45am Mocha Joe's Country Loop 8:00am Tuesday Evening Skills Ride 6:00pm	29 Solano Baking Company 7:45am Solano Baking Company 8:00am Women's Wednesdays* 9:00am	30 Steady Eddy's 7:45am Steady Eddy's 8:00am Napa/Bay Area Climbing* 9:00am Winters Dinner Ride* 6:00pm	31 Early Bird Special* 6:15am Vacaville Rolling Hills 8:00am Ride around the Town* 10:00am	1 Saturday Coffee and a Roll 8:00am Amtrak Adventure, Italian Style* 8:30am RH Phillips First Saturday Brunch* 10am
2 Sunday No Drop 9:30am	3 Early Bird Special* 6:15am Monday at Morrison's (faster) 8:00am Monday at Morrison's (slower) 8:00am	4 Mocha Joe's Country Loop 7:45am Mocha Joe's Country Loop 8:00am Tuesday Evening Skills Ride 6:00pm	5 Solano Baking Company 7:45am Solano Baking Company 8:00am Women's Wednesdays* 9:00am	6 Steady Eddy's 7:45am Steady Eddy's 8:00am Napa/Bay Area Climbing* 9:00am Winters Dinner Ride* 6:00pm	7 Early Bird Special* 6:15am Vacaville Rolling Hills 8:00am Ride around the Town* 10:00am	8 Saturday Coffee and a Roll 8:00am Second Saturday Saunter* 10:00am Midnight Century* 7:00pm
9 Sunday No Drop 9:30am	10 Early Bird Special* 6:15am Monday at Morrison's (faster) 8:00am Monday at Morrison's (slower) 8:00am	11 Mocha Joe's Country Loop 7:45am Mocha Joe's Country Loop 8:00am Tuesday Evening Skills Ride 6:00pm	12 Solano Baking Company 7:45am Solano Baking Company 8:00am Women's Wednesdays* 9:00am	13 Steady Eddy's 7:45am Steady Eddy's 8:00am Napa/Bay Area Climbing* 9:00am Winters Dinner Ride* 6:00pm	14 Early Bird Special* 6:15am Vacaville Rolling Hills 8:00am Ride around the Town* 10:00am	15 Saturday Coffee and a Roll 8:00am 3rd Saturday 8:00am Donner Lake* 9:00am
16 Sunday No Drop 9:30am	17 Early Bird Special* 6:15am Monday at Morrison's (faster) 8:00am Monday at Morrison's (slower) 8:00am	18 Mocha Joe's Country Loop 7:45am Mocha Joe's Country Loop 8:00am Tuesday Evening Skills Ride 6:00pm	19 Solano Baking Company 7:45am Solano Baking Company 8:00am Women's Wednesdays* 9:00am	20 Steady Eddy's 7:45am Steady Eddy's 8:00am Napa/Bay Area Climbing* 9:00am Winters Dinner Ride* 6:00pm	21 Early Bird Special* 6:15am Vacaville Rolling Hills 8:00am Ride around the Town* 10:00am	22 Saturday Coffee and a Roll 8:00am
23 & 30 Sunday No Drop 9:30am	24 & 31 Early Bird Special* 6:15am Monday at Morrison's (faster) 8:00am Monday at Morrison's (slower) 8:00am	25 Mocha Joe's Country Loop 7:45am Mocha Joe's Country Loop 8:00am Tuesday Evening Skills Ride 6:00pm	26 Solano Baking Company 7:45am Solano Baking Company 8:00am Women's Wednesdays* 9:00am	27 Steady Eddy's 7:45am Steady Eddy's 8:00am Napa/Bay Area Climbing* 9:00am Winters Dinner Ride* 6:00pm	28 Early Bird Special* 6:15am Vacaville Rolling Hills 8:00am Ride around the Town* 10:00am	29 Saturday Coffee and a Roll 8:00am

Unless otherwise specified, all rides begin at the Starbucks, 2038 Lyndell Terrace, (38.562 Lat; 121.768 Long) across from Sutter Davis Hospital in West Davis. Rain will cancel any ride. If in doubt, call the ride leader. If you would like to lead a ride, please contact John Seabury, Ride Calendar Master. Location of starting points for rides beginning elsewhere will be stated clearly in the ride description. Coordinated transportation to these starting points, if necessary, will be made by the ride leader. **Announced ride time is the time at which the ride starts. Come early to sign in and get maps and/or pre-ride instructions.**

**Terrain:**

1. Flat(Davis to Woodland, Sacramento)
2. Easy/Gentle grade (Antioch Bridge)
3. Rolling (Dunnigan Hills, Auburn Road)
4. Moderate/Easy (Solano to Monticello Dam)
5. Moderate grades (Cardiac/Cantelow)
6. Steep, long grade (Mt. Diablo, Marshall)

**Lead a ride!**

Leading a Club ride is a great way to highlight a unique ride you've done and to share it with other Club members.

Contact: [dbcridecal@gmail.com](mailto:dbcridecal@gmail.com)

**Pace/Speed (on level road)**

1. Leisurely/Relaxed (< 10 mph). For families, children, buggers; waits.
2. Tourist (9 to 12 mph). Stops as needed; waits for stragglers.
3. Moderate (12 to 16 mph). Solid riders; regroup every 45 min.
4. Brisk (16-18 mph). Experienced; no obligation to wait.
5. Fast (19-21 mph). Strong riders; few stops; no obligation to wait.
6. Strenuous (21 mph & faster). Very strong riders.

# Regularly Recurring Rides

\* Asterisked rides have a starting location other than Starbuck's  
Consult ride description for location.

## Sunday No Drop

Sundays, 9:30 am T1/P3-4/34 mi

Peter Widjaja, 415-370-7146 or <thepetergw@gmail.com>

Peter will take over this popular stroll out to Winters for the summer months, and Alan will return in September. No one is dropped intentionally. Come out and play if you can maintain a pace of 14-16 mph. Ride stops in Winters for coffee or brunch and a visit to the new Winters Farmers Market before returning via Putah Creek Road to Davis. This is a good first group ride with the club.

## Monday at Morrison's (faster) [Ed Martin Series]

Mondays, 8:00 am T1/P4-5/35 mi

Barry Bolden, 530-297-5123 or <boliverb@dcn.org>

Following country roads north to the scenic town of Yolo, then returning to Morrison's Deli in Woodland to meet the slower group for a beverage, snack and lively conversation before returning to Davis.

## Monday at Morrison's (slower) [Ed Martin Series]

Mondays, 8:00 am T1/P2-3/24 mi

Dan Cucinotta, 530-756-1711 or <scucher@comcast.net>

Following country roads, a shorter ride that will meet up with the faster group at Morrison's Deli in Woodland at around 10:30 am before returning to Davis.

## Early Bird Special\*

Mon Fri, 6:15 am T1/P3/20mi

Jack Kenward, 530-753-9329 or <kenward2@dcn.org>

Meet on the Russell Blvd. bike path between Arlington and Lake. Rain does not cancel this ride.

## Mocha Joe's Country Loop [Ed Martin Series]

Tuesdays, 7:45 am T1/P3/35 mi

Paul Grant, 530-756-3610 or <pwgrant@mac.com>

Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis. A slightly slower pace than the ride beginning at 8:00.

## Mocha Joe's Country Loop [Ed Martin Series]

Tuesdays, 8:00 am T1/P4-P5/39 mi

Phil Coleman, 530-756-4885 or <pkcoleman@comcast.net>

Ride past the fields and orchards to the west and south before enjoying a treat at Mocha Joe's in South Davis.

## Tuesday Evening Skills Ride

Tuesdays, 6:00 pm T1/P5-6/40 miles

Joaquin Feliciano, 530-304-3367 or joaquin.<feliciano@gmail.com>

Hosted by the DBC Race Team, the race skills ride is the place

to be for cyclists who are looking to get into racing or who want to improve their high speed and group riding skills. This is a friendly, mentored ride led by experienced DBC Race Team members that focuses on pack riding etiquette, rotating pacelines, cross-wind echelons, etc. Pace is high but there are numerous regrouping points along the route and nobody gets dropped for long. Each ride starts with introductions and a brief review of the ride format and course before rolling out.

## Solano Baking Company [Ed Martin Series]

Wednesdays, 7:45 am T1/P3/35 mi

Dan & Sharon Cucinotta, 530-756-1711 or

<scucher@comcast.net>

Ride south to Dixon past orchards and fields, relax at Solano Baking Company in Dixon before returning to Davis. A slightly slower pace than the ride beginning at 8:00

## Solano Baking Company [Ed Martin Series]

Wednesdays, 8:00 am T1/P4-P5/39 mi

Phil Coleman, 530-756-4885 or <pkcoleman@comcast.net>

Ride south to Dixon past orchards and fields, relax at Solano Baking Company in Dixon before returning to Davis.

## Women's Wednesdays\*

Wednesdays, 9:00 am T1/P4/20-30mi

Marilyn Dewey, 530-753-9188 or <deweyms@hotmail.com>

Meet in front of Wheelworks, 3rd and F Streets, for an easy 1 to 2 hour ride to improve skills and fitness in a low-key, fun environment.

## Steady Eddy's [Ed Martin Series]

Thursdays, 7:45 am T1/P3/30mi

Gerry Peterson, 530-756-1254 or <gnjpeter0856@juno.com>

Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis. A slightly slower pace than the ride beginning at 8:00

## Steady Eddy's [Ed Martin Series]

Thursdays, 8:00 am T1/P4-P5/34 mi

Phil Coleman, 530-756-4885 or <pkcoleman@comcast.net>

Ride along Putah Creek Road, enjoy the atmosphere and conversation at Steady Eddy's in Winters before returning to Davis.

## Napa/Bay Area Hill Climbing\*

Thursdays, 9:00 am T5-6/P-3/30-40 mi

Deb Ford, 707-224-2288 or <napaford@aol.com>

A new series of rides! Relaxed-but-challenging, worth-the-drive rides that feature hill climbing. Designed for the rider who wants to (1) improve their climbing skills, (2) enjoy

## Regularly Recurring Rides

beautiful back roads, and (3) not cough up a lung! Frequent regrouping and accolades guaranteed. Rides will rotate, and will include Mt Veeder, Howell Mtn, Mt George, and Mt Diablo. Details will be posted each week on the DBC listserv (or email Ride Leader). PLEASE RSVP, so I know whether to wait for you. Rain cancels.

### Winters Dinner Ride\*

Thursdays, 6:00 pm T1/P3/30mi

Paul Grant, 530-756-3610 or <pwgrant@mac.com>

Meet on the Russell Blvd. bike path at Lake Blvd. Now that June is behind us, we'll need to remember to bring our lights and be sure the battery is fully charged. Come out on this easy-going dinner ride to Winters. Expect friendly conversation. No-one will be left behind!

### Vacaville Rolling Hills [Ed Martin Series]

Fridays, 8:00 am T3/P5/60mi

Larry Burdick, 530-753-7591 or <larryburdick@netzero.net>

Ride with 'The Legend' through the rolling hills to and from Vacaville. Enjoy the goodies at Vacaville's Heritage Cafe

### Ride around the Town\*

Fridays, 10:00 am T1/P2/15-18mi

Dutch Martinich, 530-756-8234 or <dmartinich@att.net>

Ride starts at Vet's Memorial Auditorium, co-leaders are Dutch Martinich and Gerry Peterson (gnjpeter@juno.com, 530-756-1254). Route changes weekly but always includes portions of the citywide greenbelt system and the City of Davis bike route. Ride finishes in the downtown area and stops for refreshments if riders are interested. Contact either leader if in doubt about the weather.

### Saturday Coffee and a Roll

Saturdays, 8:00 am T1/P5/30 mi

Gary Button, 916-454-1679 or <1fastbiker@sbcglobal.net>

Coffee and a Roll is a fast paced (P-4/5) Saturday morning sojourn. We regroup along the way and in Winters where we discuss options for extending the ride to Cantelow, Cardiac, or just around Lake Solano. Sometimes we split into two smaller groups when a consensus can't be achieved. Following this extension, we reconvene at Steddy Eddies for refreshment and

## Non-Recurring Rides

### Amtrak Adventure, Italian Style\*

August 1, Saturday, 8:30 am T1/P3/30 mi

Paul Grant, 530-756-3610 or <pwgrant@mac.com>

We'll meet at the Amtrak station for the trip to Old Sacramento. If you arrive promptly, the club will pay for your train ticket. Then, we'll ride on the American River bikepath and surface

\* Asterisked rides have a starting location other than Starbucks  
Consult ride description for location.

conversation before returning to Davis via Putah Creek Road. Those who wish to participate, sprint for signs. This is a good ride for sharpening your skills. If you are in shape or want to get in shape, this is an excellent opportunity for an enjoyable ride! With our early morning start, we often cover 50 or 60 miles before returning to Davis around noon.

### RH Phillips First Saturday Brunch\*

August 1, First Saturday, 10:00 am T2/P3/45 mi

Anne Huber, 530-758-8115 or <ahuber@jsanet.com>

Meet at the Woodland Nugget parking lot. This is a lovely ride through rolling hills of northern Yolo County ending up at RH Phillips winery for their monthly food and wine pairing. The meal varies each month and its description may be posted on the DBC listserv. The food is always good, but you may want to bring backup nutrition because portions are often small. Price has varied between \$8 and \$13. You can bring your own lunch if you wish. If the forecast high is greater than 100F please check the DBC Listserv to see whether the ride has been cancelled. **NOTE: This may be one of the last of the RH Phillips Rides as the winery has announced that it will be closing in September. Come show your support and help the owners change their mind!**

### Second Saturday Saunter\*

July 11, Second Saturday, 10:00 am T1/P2/10-15 mi

Dutch Martinich, 530-756-8234 or <dmartinich@att.net>

Meet at Aileen Johnson's bench in front of Veteran's Memorial at 14th and B Streets. This is a good ride for those that are new to cycling, for those that are new to the club and would like to know how they would fit in, and for those that just like a leisurely pace. This ride is similar to Around the Town as we pretty much stick to the city bikeways. Spandex and carbon-fiber not required.

### 3rd Saturday (except May, October)

July 18, Third Saturday, 8:00 am T1-T5/P4/62 mi

David Joshel, 510-717-5133 or <davidjoshel@hotmail.com>

Ride together as a group. Putah Creek, Pleasants Valley, Cantelow, Gibson, Steiger Hill. We'll climb Cantelow in both directions after making a loop on Gibson and Steiger. Optional break in Winters on the return leg.

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streets to the celebration. There will be music & singers from Italy, a market place with traditional Italian products and delicious foods by Sacramento's best Italian restaurants. Also, games and rides for the kids. Admission is \$10. Flexible return in the afternoon.

-more rides overleaf

# Non-Recurring Rides

\* Asterisked rides have a starting location other than Starbuck's  
Consult ride description for location.

## Midnight Century\*

August 8, Saturday, 7:00 pm T1/P3-5/100 mi  
Steve Cimini, 916-205-3958 or <cyclstev@aol.com>  
Ride begins at Carl's Jr. at Covell/Pole Line. Come out for a romp under the full moon (three evenings after) on the annual Midnight Century. We start in Davis, ride out to Grimes, and return on the same roads. Riding by moonlight on a warm evening with friends and very little traffic is a lot of fun. This is a good opportunity for the "A" group fasties to attempt to break the 4.5 hour ride time established a few years ago. This is not a race though and all are encouraged to attend. The only hill is the I-5 overpass. Lights front and rear are required (be sure to have at least 5 hours worth). \$10.00 fee (payable at start) covers SAG support and goodies at the rest stop (near the turn around point). On the bike time is 7 PM so arrive early enough to get ready. Important...Be sure to RSVP to the e-mail address below no later than AUGUST 3rd so that we have enough sandwiches and goodies for everyone. This is a joint ride with the Sacramento Bike Hikers.

## Donner Lake\*

August 15, Saturday, 9:00 am T5-6/P3-4/40 miles  
Dean Albright, 916-806-6543 or <deanalbright@sbcglobal.net>  
Ride begins at Cisco Grove and heads east on Old US 40, crosses over I-80 and goes over Donner Pass, loops counter clockwise around Donner Lake, and back up and over Donner Pass, finishing with a long down-hill back to Cisco Grove. We will be riding at elevation so dress accordingly-- have a wind vest and arm warmers at a minimum. There is approx. 2,500' of total climbing. The descent off of Donner Pass down to Donner Lake is spectacular! Wear some form of a DBC jersey if you have one. Directions: Take HWY 80 east. Exit at Cisco Grove & take a left (cross back over the freeway). At the first stop sign (T in the road), go right on Old Donner Pass Road (US 40). The small dirt parking lot where we'll meet is about 100-200 yards up on the right side. Bring adequate food with you as this is an "out and back" ride. There is a rest room and drinking fountain at Donner Lake

## Emergency Phone Numbers

Calling 911 on a cell phone does not always bring rapid response. You will often get faster results by programming the agency's actual emergency number.

### Yolo County

Davis City Police: 530-758-3600  
Davis Fire: 756-3400  
UC Davis Police: 530-752-1230  
UC Davis Fire: 530-752-1234  
Winters Police: 530-795-4561  
Winters Fire: 530-666-661 (Yolo dispatcher)  
911 Yolo County 530-668-8920  
Yolo Animal Control: 530-668-5287

### Sacramento county

American River Parkway 916-875-PARK  
(7am to late eve, otherwise Sac. County).  
Sac. County emergency dispatch 916-875-5000.

### Solano county

Dixon Police & Fire: 707-678-7080  
Vacaville Police: 707-449-5200  
Vacaville Fire: 707-449-5452 (or 5200)  
911 Solano County 707-421-7090  
Solano County Animal Care Services  
Telephone Service: 8:30am to 6pm Monday through Friday  
only: Call 707-784-1356  
All other hours and County Holidays:  
Sheriff's Dispatch 707-421-7090

## Race Team Second Place -continued from pg1

NCNCA (Northern California Nevada Cycling Association) is the district in which most DBC races occur. NCNCA measures riders and teams in BAR (Best All-Around Rider) and BAT (Best All-Around Team) categories. For BAR/BAT points, riders and teams are measured based on race placing. Within each race, riders get points, typically 15 to 1 point based on 1st through 10th place. For more information, visit <<http://www.ncnca.org/docs/>> and click on the appropriate BAR/BAT category.

Most of us who have raced this season, from Juniors to Men to Women to Cat 5 to Cat 1 have contributed to DBC's impressive showing this season. Listing everyone would take up more space than we have for this article. I counted over 50 in the official results and there are many more who aren't listed in a category. GOOD JOB to all the racers this season so far!

There are a couple individuals and groups who have helped carry DBC to an impressive season to date. If you're able to catch (literally) any of the following team members on a

ride or if you know them, please give them a pat on the back: Chris Stastny (E 1 / 2, 52pts), Andreas Freund (E3, 57pts), Keith Hillier (E 1 / 2 & E3, 53pts), Michael Claudio (E4, 42pts), (me, and no pat needed) Jason Grefrath (E4 & M4/5, 37pts), Mike Pugh (M 45+, 33pts), Amy Chandos (E 1 / 2, 18pts). These individuals and many others helped contribute to DBC's strength to date in Men's E3 (1st place), E4 (4th place), Masters 4/5 35+ (4th place), Women's E 1 / 2 (5th place). Both the Juniors Team the E5 squad have also made a very strong contribution this season. Although their races count for overall BAT points they aren't measured as a category.

Great racing everyone and good job also to teammates who weren't listed. Results show the DBC Race Team's success this season and those couldn't be possible without strong individual racers, but also a strong team and teammates within each race. . . . now stop reading and get out racing so we can take over First Place!  
-Jason Grefrath □